

Mexican prickly poppy

The Mexican prickly poppy, scientifically known as *Argemone mexicana*, belongs to the Papaveraceae family. In Indian languages, it's known by various names:



Name of Mexican prickly poppy in Indian languages:

Tamil: எலியோட்டி

Hindi: भरभांड bharbhand

Kannada: ಅರಸಿನ ಉಮ್ಮತ್ತೆ arasina ummatta

Malayalam: ബ്രഹ്മദന്തി brahmadanti

Sanskrit: ब्रह्मदण्डी brahmadandi,



Medicinal Properties Mexican prickly poppy

1. Analgesic: The latex of the plant is known for its analgesic properties. It's used to alleviate pain.

2. Antiinflammatory: It possesses antiinflammatory properties and is used to reduce inflammation.

3. Antimicrobial: Some studies suggest that extracts from this plant exhibit antimicrobial activity against certain pathogens.

4. Antidiabetic: There is some evidence suggesting that extracts from Mexican prickly poppy may have antidiabetic properties, helping to regulate blood sugar levels.

5. Antimutagenic: Certain compounds found in the plant are believed to have antimutagenic properties, potentially reducing the risk of mutations in cells.

