

Strobilanthes alternata

Strobilanthes alternata, commonly known as the Persian Shield or Purple Persian Shield, is primarily grown as an ornamental plant for its stunning foliage rather than for its medicinal properties. While it's true that some plants in the *Strobilanthes* genus have been used in traditional medicine in certain regions, there isn't significant documented evidence regarding specific medicinal uses of *Strobilanthes alternata*.

Strobilanthes alternata

Kingdom: Plantae
Order: Lamiales
Family: Acanthaceae
Genus: *Strobilanthes*
Species: *S. alternata*



Common names of *Strobilanthes alternata* in India


Tamil: Kurinji (குறிஞ்சி)

Hindi: Neelakurinji (नीलकुरिंजी)

Malayalam: Vishnukranthi (വിഷ്ണുക്രാന്തി)

Odia: Nilakantha (ନୀଳକନ୍ଥ)

Marathi: Kakki (काकी)



Strobilanthes genus have been used in traditional medicine for treating ailments

- 1. Anti-inflammatory:** Some *Strobilanthes* species are believed to possess anti-inflammatory properties and have been used traditionally to alleviate inflammation and associated discomfort.
 - 2. Wound Healing:** Extracts from certain *Strobilanthes* species have been used topically for wound healing purposes.
 - 3. Respiratory Ailments:** In traditional medicine systems, some species of *Strobilanthes* have been used to treat respiratory conditions such as coughs and bronchitis.
 - 4. Digestive Disorders:** There are anecdotal reports of certain *Strobilanthes* species being used to alleviate digestive issues, although scientific evidence supporting this is limited.
 - 5. Antimicrobial Activity:** Some research suggests that certain *Strobilanthes* species may possess antimicrobial properties, which could potentially be useful in combating infections.
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