



**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE
FOR WOMEN, HOSUR**

**(Affiliated To Periyar University-Salem)
Mookandapalli, Sipcot, Hosur -635126.**

FIELD VISIT REPORT (20.05.2023)

In the academic year 2022-2023, the Department of Nutrition and Dietetics organized a fieldwork excursion to Baranthur village on 20.05.2023. The primary aim was to offer first-year students practical exposure to nutrition assessment and clinical evaluation in real-world settings. With a total of 21 students, divided into two teams, the focus areas for the teams were nutrition assessment for specific diets and clinical assessment.

Team Assignments and Survey Focus:

1. Nutrition Assessment for Specific Diets:

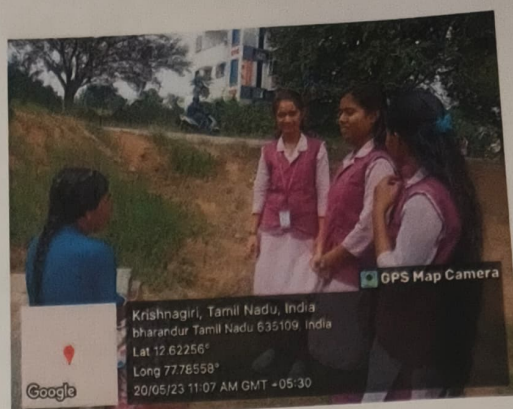
Team A was tasked with evaluating the nutritional adequacy of specific diets prevalent among the villagers. They conducted surveys and dietary recalls to gather data on typical dietary patterns and food choices. Furthermore, they analyzed nutrient intake against recommended dietary guidelines, considering factors such as age, gender, and activity levels.

2. Clinical Assessment: Team B directed their efforts towards conducting clinical assessments to identify prevalent health issues within the community. They conducted screenings for conditions such as malnutrition, anemia, and other diet-related disorders.



Additionally, they assessed anthropometric measurements and conducted interviews to gather information on health-seeking behaviors and access to healthcare services.





The fieldwork experience provided students with practical insights into the complexities of nutrition assessment and clinical evaluation in real-world settings. By examining specific diets and conducting clinical assessments, students gained valuable experience in identifying nutritional deficiencies and health issues prevalent in rural communities like Baranthur.

Moni. M

SIGNATURE OF THE HOD
Head and Assistant Professor
 Department of Nutrition and Dietetics
 St. Joseph's College of Arts and Science for Women
 SIPCOT, Hosur - 635 126.

Dr. J. L. Wong

SIGNATURE OF THE PRINCIPAL
PRINCIPAL
ST. JOSEPH'S COLLEGE OF ARTS
& SCIENCE FOR WOMEN
 Meekandanelli Street,
 HOSUR - 635 126, Krishnagiri - Dist.





**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE FOR
WOMEN**

(Affiliated to Periyar University, Salem)

ACADEMIC YEAR 2022-2023

This is to certify that the following students from the department
of NUTRITION AND DIETETICS have successfully completed the field work entitled
" NUTRITIONAL ASSESSMENT FOR SPECIFIC DIETS "
in the village BARANTHUR on 20.05.2023 & _____

| S.NO | REGISTER NO | NAME |
|------|----------------|------------------|
| 1. | C22UG152NAD001 | AMRIN. A |
| 2. | C22UG152NAD002 | ANIZUL NISHA. M |
| 3. | C22UG152NAD004 | ANUSHA. M |
| 4. | C22UG152NAD005 | ARBEEN TAJ. Z |
| 5. | C22UG152NAD006 | ARCHANA. M |
| 6. | C22UG152NAD007 | ARDN SOLOMI. L.S |
| 7. | C22UG152NAD008 | ARSHIYA. R |
| 8. | C22UG152NAD009 | DIVYA SREE. M |
| 9. | C22UG152NAD010 | KAVIYA. K |
| 10. | C22UG152NAD012 | MALLESHWARI. K |
| 11. | C22UG152NAD013 | NANDHINI. M |

M. Semmalar

Signature of the Class In-charge

Moni. M

Signature of the HOD

Head and Assistant Professor
Department of Nutrition and Dietetics
St. Joseph's College of Arts and Science for Women
SIPCOT, Hosur - 635 126.

P. J. Kumar

Signature of the Principal
PRINCIPAL

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HOSUR - 635 126, Krishnagiri - Dist.

