



**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE  
FOR WOMEN, HOSUR**

**(Affiliated To Periyar University-Salem)  
Mookandapalli, Sipcot, Hosur -635126.**

**FIELD VISIT REPORT (20.05.2023)**

In the academic year 2022-2023, the Department of Nutrition and Dietetics organized a fieldwork excursion to Baranthur village on 20.05.2023. The primary aim was to offer first-year students practical exposure to nutrition assessment and clinical evaluation in real-world settings. With a total of 21 students, divided into two teams, the focus areas for the teams were nutrition assessment for specific diets and clinical assessment.

**Team Assignments and Survey Focus:**

**1. Nutrition Assessment for Specific Diets:**

Team A was tasked with evaluating the nutritional adequacy of specific diets prevalent among the villagers. They conducted surveys and dietary recalls to gather data on typical dietary patterns and food choices. Furthermore, they analyzed nutrient intake against recommended dietary guidelines, considering factors such as age, gender, and activity levels.

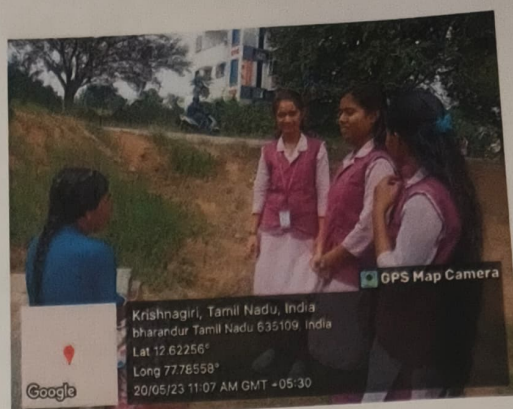
2. Clinical Assessment: Team B directed their efforts towards conducting clinical assessments to identify prevalent health issues within the community. They conducted screenings for conditions such as malnutrition, anemia, and other diet-related disorders.



Additionally, they assessed anthropometric measurements and conducted interviews to gather information on health-seeking behaviors and access to healthcare services.







The fieldwork experience provided students with practical insights into the complexities of nutrition assessment and clinical evaluation in real-world settings. By examining specific diets and conducting clinical assessments, students gained valuable experience in identifying nutritional deficiencies and health issues prevalent in rural communities like Baranthur.

*M. M.*

**SIGNATURE OF THE HOD**  
**Head and Assistant Professor**  
 Department of Nutrition and Dietetics  
 St. Joseph's College of Arts and Science for Women  
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*Dr. J. L.*

**SIGNATURE OF THE PRINCIPAL**  
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**ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE FOR  
WOMEN**

**(Affiliated to Periyar University, Salem)**

**ACADEMIC YEAR 2022-2023**

This is to certify that the following students from the department  
of NUTRITION AND DIETETICS have successfully completed the field work entitled  
" CLINICAL ASSESSMENT "

in the village BARANTHUR on 20.05.2023 & \_\_\_\_\_

S.NO	REGISTER NO	NAME
1.	C22UG152NAD014	NITHYA. M
2.	C22UG152NAD015	NITHYA. R
3.	C22UG152NAD017	RAMYA SHREE. R
4.	C22UG152NAD018	SADIYA KHANUM. W
5.	C22UG152NAD019	SANTU. R
6.	C22UG152NAD020	SARANYA. N
7.	C22UG152NAD021	SWETHA. R
8.	C22UG152NAD023	UZMA FATHMA. A
9.	C22UG152NAD024	VARSHA. H
10.	C22UG152NAD025	VENIKA. V.

M Semmalar  
Signature of the Class In-charge

Mori. M  
Signature of the HOD  
Head and Assistant Professor  
Department of Nutrition and Dietetics  
St. Joseph's College of Arts and Science for Women  
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Dr. H. M.  
Signature of the Principal  
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