



# St. Joseph's College of Arts and Science for Women

(Affiliated to Periyar University, Salem)

An ISO 9001:2015 Certified Institution

Recognised U/s 2(f) and 12(B) of the UGC Act

Mookandapalli, SIPCOT, Hosur - 635 126

## St. LEOBA CLUB

### Policy

Recognizing the importance of community engagement and service-learning as integral components of education, St. Leoba Club is dedicated to facilitating extension activities in villages to promote awareness, empowerment, and sustainable development.

### Practices

- The club conducts thorough needs assessments in villages to identify key issues and concerns within the community.
- The club collaborates with local community leaders, NGOs, and government agencies to develop action plans tailored to address identified needs effectively.
- Students are actively involved in planning, organizing, and implementing extension activities. This involvement fosters leadership skills, empathy, and a sense of social responsibility among students.
- The club organizes a variety of activities such as awareness campaigns, health camps, cleanliness drives, skill development workshops, and educational programs to address diverse needs in villages.
- Efforts are made to ensure the sustainability of initiatives by promoting local ownership, building capacity within the community, and establishing long-term partnerships.

### Outcomes:

- St. Leoba Club empowers communities by providing them with knowledge, skills, and resources to address their own challenges and improve their quality of life.
- The club contributes to raising awareness on various social, environmental, and health issues.





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- By organizing skill development workshops and training programs, the club equips community members with practical skills that enhance their employability and income-generating opportunities.
- St. Leoba Club enriches students' educational experiences, instills values of empathy and social justice, and prepares them to become responsible citizens and future leaders.





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## St. ELIZABETH ANN CLUB

### Policy

The St. Elizabeth Ann Club is committed to providing academic support, skill development, and exposure to higher education opportunities to students in government schools, with a focus on enhancing their learning outcomes and future prospects.

### Practices

- Club members provide tutoring and academic support to students in government schools, focusing on core subjects such as mathematics, science, language arts, and social studies.
- The club organizes workshops and sessions to teach entrepreneurial skills and concepts to students, including idea generation, business planning, financial literacy, and marketing strategies.
- Government school students are invited to participate in practical sessions conducted in college laboratories, allowing them to gain hands-on experience and exposure to scientific experiments and techniques.
- The club organizes visits to the college campus and facilitates participation in expos, seminars, and interactive sessions designed to introduce government school students to various academic disciplines, career pathways, and opportunities available in higher education.
- Club members serve as mentors and role models for government school students, providing guidance, encouragement, and support in their academic and personal development.
- The club collaborates with government schools, teachers, and educational authorities to identify needs, plan activities, and ensure alignment with school curricula and educational objectives.

### Outcomes

- St. Elizabeth Ann Club contributes to improved academic performance and learning outcomes among government school students, enhancing their educational attainment and future prospects.
- Exposure to entrepreneurship education equips students with practical skills, knowledge, and confidence to explore innovative ideas, start small businesses, and pursue entrepreneurial opportunities, fostering economic empowerment and self-reliance.





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- Practical engagement in laboratory sessions enhances students' scientific literacy, critical thinking skills, and problem-solving abilities, preparing them for future studies and careers in STEM fields.
- Exposure to college campus visits and participation in expos broaden students' horizons, raise awareness of higher education opportunities, and inspire aspirations for pursuing further studies at the tertiary level, thereby promoting social mobility and academic advancement.
- Mentorship relationships and interactions with club members empower government school students, instilling confidence, self-belief, and a sense of possibility for achieving their goals and aspirations in life.





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## St. TERESA CLUB

### Policy

St. Teresa Club is dedicated to engaging students in extension activities at old age homes, aimed at providing assistance, companionship, and support to the elderly residents.

### Practices

- The club recruits volunteers from among the student body who are willing to dedicate their time and efforts to serving the elderly residents of old age homes.
- The club plans a range of activities to engage with the residents of old age homes, including cleaning sessions, assistance with daily tasks, provision of food items and essential supplies, recreational activities, and opportunities for social interaction.
- Volunteers visit old age homes on a regular basis to ensure continuity of support and companionship for the elderly residents.
- Volunteers spend quality time with the elderly residents, engaging in meaningful conversations, listening to their stories and experiences, and providing emotional support and companionship.
- The club mobilizes resources, including donations from students, faculty, and external stakeholders, to provide necessary provisions, medical supplies, and recreational materials for the benefit of the elderly residents.

### Outcomes

- St. Teresa Club contributes to the overall well-being of elderly residents by providing them with physical assistance, emotional support, and opportunities for social engagement.
- The club's efforts result in cleaner and more comfortable living environments for elderly residents, fostering a sense of dignity and respect in their living spaces.





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- Regular visits and interactions with volunteers help to reduce feelings of loneliness and isolation among elderly residents, promoting mental and emotional well-being.
- Engagement in meaningful activities and interactions with volunteers instill a sense of purpose and belonging among the elderly residents, enhancing their quality of life.
- St. Teresa Club provides students with valuable opportunities for personal growth, empathy development, and the cultivation of values such as compassion, respect, and social responsibility.







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## NSS

### Policy

- To motivate the student community to enhance their potential for the welfare of society.
- To develop the overall personality of the student volunteers through community services.
- To enhance the leadership qualities, fraternal love, and team spirit of the student volunteers.
- To improve the physical and mental strength of the volunteers and to expose them to new vocational possibilities.
- To encourage and train the student volunteers to render selfless service to the college and to the society.

### Practices

- NSS of the college has two units and a total of 200 student volunteers are recruited every year (100 volunteers in each unit) with the concurrence of their parents.
- Regular meetings and orientation programs are conducted to help the student volunteers gain personal skills in the exercise of community building.
- Volunteers participate in regular activities such as rallies, seminars, and awareness programs about drugs, road safety, yoga, tree plantation, first aid, Swachh Bharat, Swachhata Hi Seva, Garbage Free India, campus cleaning, Voters Day Awareness, Albendazole tablet Issue campaign, and involve themselves in the service of the society.
- The volunteers are given the opportunity to inherit the cultural heritage and communal harmony of the nation.
- Serving as a platform to exhibit their talents and to motivate the volunteers to grow in their integrated personality.
- Apart from these, annual special camps are conducted every year, involving all the volunteers of the three units.
- Active participation in the annual camp enables the volunteers to grow in team spirit, helps them interact and mingle with society, and renders their dedicated service.





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## Outcomes

- By participating in the various activities of NSS, the student volunteers become more disciplined and self-confident.
- Each program of the NSS helps the student volunteers identify their talents and promote them as good leaders and citizens of the nation.
- By giving awareness programs to the student community and society, each volunteer becomes aware of social issues, enabling them to face the challenges courageously.
- Student volunteers inculcate team spirit among themselves.
- The NSS volunteers become capable of planning and executing any programs entrusted to them for the betterment of society.
- They develop their character by serving in rural areas and thereby developing social consciousness and commitment.
- They promote national integration, democratic living, and cooperative action by their well-disciplined and systematic way of life.
- The volunteers grow in the consciousness of "NOT ME BUT YOU." The volunteers become more sensitive to the needs of the society, such as education, medicine, and other basic needs.
- The student volunteers contribute to the society by planting trees, educating underprivileged children, and participating in social empowerment programs.







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## YOUTH RED CROSS (YRC)

### POLICY

- Encouraging cleanliness and health
- To raise awareness of the importance of taking care of ourselves, other people, and an individual's health and hygiene.
- The YRC provides an environment for social service.
- To educate young people about the functions and duties of the Red Cross and inspire them to make unwavering contributions in the same direction

### PRACTICES

- The YRC club runs initiatives to promote health and hygiene among its members through the following means: a. adopting healthy habits; b. keeping the college premises and surrounding areas clean
- Plantations of trees
- Identification of impoverished individuals in need and provision of assistance
- Observing international yoga days, world hepatitis days, blood donation days, and other events.
- Initiatives for Personality Development
- Training and orientation programs are planned.

### OUTCOMES

- The college premises are kept clean, and students will learn to keep even public areas organized and ecologically conscious.
- The individuals' confidence will naturally increase if they are delighted with our surroundings.
- Volunteers can learn techniques to help themselves by helping others.
- Participants' perspectives and attitudes are altered by their service to others, and their acts of understanding increase their positive emotions and outlook.
- Encouragement of National and International Friendship can help us feel empathy for those outside of our communities and nation.
- Including young people in community activities that encompass other cultures and foster greater mutual tolerance and understanding, as they will be the future leaders.





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## RED RIBBON CLUB

### POLICY

The Red Ribbon Club (RRC) is dedicated to raising awareness about HIV/AIDS prevention, promoting healthy lifestyles, and within the college and the wider community.

### PRACTICE

- Educate students and the community about HIV/AIDS prevention, transmission, and stigma reduction.
- Develop a calendar of activities for the academic year.
- Assign roles and responsibilities to RRC members.
- Organize awareness campaigns, workshops, and seminars on HIV/AIDS prevention and related topics.
- Collaborate with healthcare organizations, NGOs, and government agencies to implement initiatives.

### OUTCOME

- Increased awareness and understanding of HIV/AIDS among students and the community.
- Promotion of healthy behaviors, including safe sex practices and voluntary blood donation.
- Enhanced partnerships with healthcare organizations, NGOs, and government agencies in addressing HIV/AIDS-related issues.
- Improved access to support services and resources for those affected by HIV/AIDS.





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## SWACHH BHARAT

### Policy

The Swachh Bharat Cell aims to foster a culture of cleanliness and environmental awareness among students, staff, and the community.

### Procedure

- Identify key areas for clean-up drives and awareness campaigns.
- Develop a schedule of activities for the academic year.
- Allocate roles and responsibilities to cell members.
- Conduct regular clean-up drives on campus and in nearby communities.
- Organize rallies, workshops, and seminars to educate students and the public.
- Collaborate with local schools and institutions to integrate cleanliness education into their curriculum.
- Solicit feedback from stakeholders to improve future initiatives.

### Outcome

- Improved cleanliness and sanitation on campus and in surrounding areas.
- Increased awareness and participation among students and the community in cleanliness initiatives.
- Strengthened partnerships with local authorities, NGOs, and other stakeholders.
- Sustainable practices adopted for waste management and environmental conservation.





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## ALUMNI

### Policy

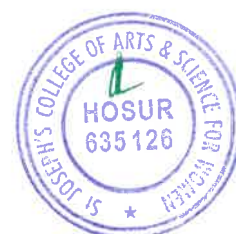
- To act as a bridge between the college's illustrious past and its promising future.
- To establish and maintain a long-lasting partnership between alumni and the college that is built on the values of integrity and trust.
- To contribute to the advancement of the institution and its students as well as the advancement of the college's goal and vision.
- To create and maintain an alumni database (alumni directory), as well as to honour and recognize the alumni who have significantly improved the betterment of society.
- To encourage alumni networking and to offer a forum for conversation and resource exchange.

### Practices

- Promote alumni engagement in programs and events held on the college campus.
- Establish communication with the alumni and regularly schedule reunion and homecoming events.
- Encourage alumni to help those in need, especially in areas relating to women's empowerment, health care, and education.
- To raise funds for the alumni association by conducting events on the college campus.
- Conducting trade fairs through alumni students in the college campus every year.
- Provide opportunities for small-scale business entrepreneurs.

### Outcomes:

- Facilitating meaningful connections and networking opportunities among alumni, leading to potential career advancements, collaborations, and business ventures.
- Encouraging alumni to contribute financially, intellectually, or through volunteerism, supporting scholarships, research, infrastructure, and other vital college projects.
- Elevating the reputation and prestige of the college through the achievements and success stories of accomplished alumni.
- Organizing seminars, workshops, and events where alumni share their expertise and insights, enriching the academic experience of students.





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- Recognizing outstanding achievements of alumni, motivating students, and showcasing the excellence that the college nurtures.

