

# WORLD MUSIC DAY

## 2019 - 2020

World Music Day, celebrated on June 21st at the St. Francesco Auditorium, transformed the venue into a global musical extravaganza. The event showcased a diverse array of musical genres and talents, uniting the audience in a celebration of cultural richness. From classical melodies to contemporary beats, the auditorium resonated with the universal language of music. Performances from students and invited artists highlighted the power of music to transcend boundaries and foster global harmony. World Music Day at St. Francesco Auditorium not only celebrated the art of sound but also served as a reminder of the profound impact of music in connecting people across the world.

St. Joseph College of Arts and Science For Women, Hosur  
(Affiliated to periyar university, salem)  
Mookandapalli, sipcot, Hosur- 635126



### Event: world music day



In honourable presence of  
Rev. Sr. Arockia Valan Rani

Date: 21 June



St. Francisco auditorium

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2019 - 2020

## NATIONAL SERVICE SCHEME(NSS) DAY

The National Service Scheme (NSS) Day was commemorated on 24.09.2019, witnessing the active involvement of 50 students. Held at the SJC venue, the event served as a platform for fostering the spirit of community service. Participants engaged in various activities that underscored the significance of social responsibility and community development. The SJC venue provided an ideal setting for collaborative efforts towards societal betterment.



# WORLD HAPPINESS DAY

## 2019 - 2020

St. Joseph College of Arts and Science For Women, Hosur  
(Affiliated to periyar university, salem)  
Mookandapalli, sipcot, Hosur- 635126



### Event: Happiness Day



In honourable presence of  
Reu. Sr. Arockia Valan Rani

Date: 20 March



St. Francisco auditorium



Happiness Day, observed annually on March 20th, serves as a global reminder to prioritize joy and well-being. In the academic year 2019-2020, college students around the world faced a unique set of challenges that influenced how they approached and celebrated Happiness Day. This period was marked by the emergence of the COVID-19 pandemic, which brought unforeseen disruptions to traditional campus life. In this narrative, we explore how college students coped with adversity and found moments of happiness during this extraordinary academic year.

# CHRISTMAS DAY CELEBRATION

## 2019 - 2020



The Christmas Day celebration at our college was a delightful event, filled with warmth and festive cheer. Christmas day was celebrated on 21.12.2019. The chief guest was Rev. Fr. George Thomas, Finance Administrator Desale Oblates in India.

The highlight of the day was the carol singing by the staff, which created a magical ambiance resonating with traditional melodies. The staff's harmonious voices echoed through the corridors, spreading joy and the spirit of the season.

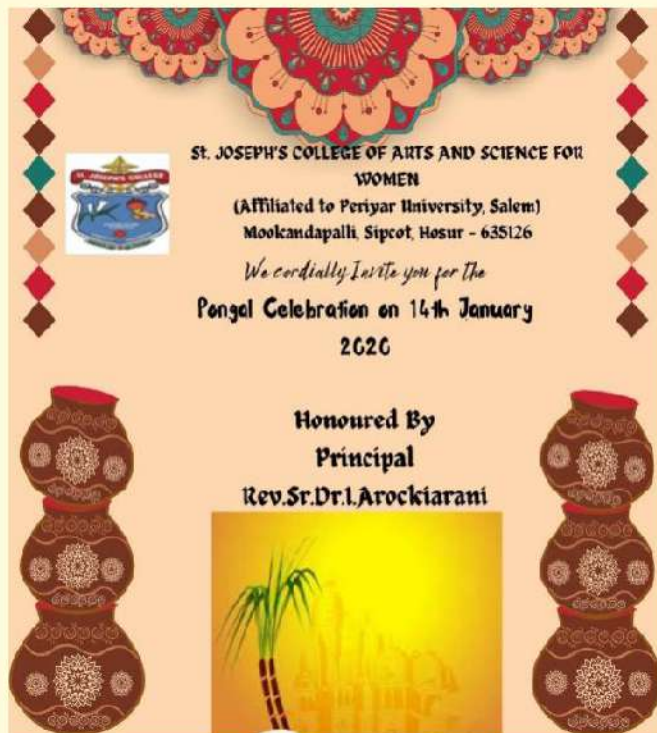
Following the carols, the students presented a captivating drama portraying the birth of Jesus Christ. Their performance was not only entertaining but also deeply moving, capturing the essence of the nativity story with sincerity and grace.



The combination of these activities brought the entire college community together, fostering a sense of unity and goodwill as we celebrated the birth of Jesus amidst laughter, song, and reflection. Overall, it was a memorable and heartwarming celebration that strengthened the bonds of fellowship and faith within our college.

# PONGAL DAY CELEBRATION

## 2019 - 2020



The Pongal celebration at our college in the academic year 2020 was a vibrant and culturally rich event that brought together students, faculty, and staff to commemorate this auspicious festival. Organized by the cultural committee, the festivities began with the decoration of the campus with traditional motifs and rangoli designs, creating a festive ambiance.

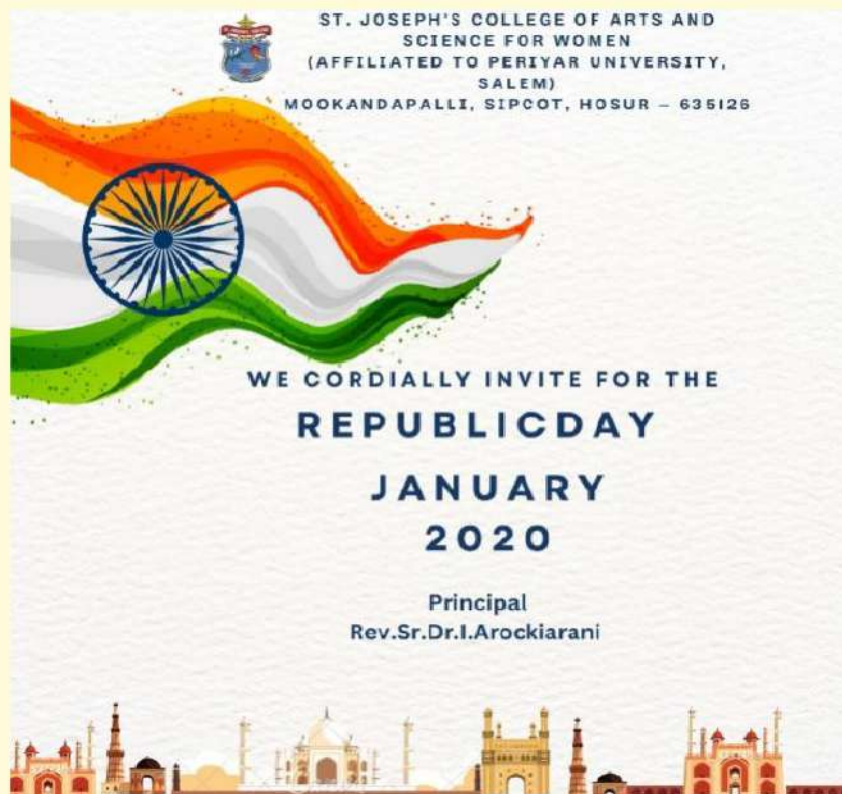
Students from different cultural backgrounds actively participated in various activities planned for the occasion. Traditional Pongal dishes were prepared, including sweet Pongal and savory dishes, offering a taste of authentic South Indian cuisine to everyone present.

The highlight of the event was the Pongal pot decoration competition, where students showcased their creativity by decorating pots with colorful motifs and traditional designs. This activity fostered a sense of camaraderie and encouraged teamwork among participants.



# REPUBLIC DAY CELEBRATION

## 2019 - 2020



On 26 January 2020, The purpose of the event, which was planned by the staff and students, was to commemorate the ratification of the Indian Constitution and to reaffirm our dedication to the values of equality, justice, and democracy. We organized the event on 23.01.2020.

We conducted few stimulating speeches and Just a Minute events were planned, with the main themes being the importance of Republic Day and the role that young people would play in forming the country's future. Pupils skill fully conveyed their opinions on issues including social justice, inclusive governance, and constitutional rights, encouraging audience members to think critically and get involved in their communities.



Students were given the opportunity to develop civic engagement, patriotism, and a feeling of duty through the Republic Day ceremonies. By combining ceremonial customs, academic discussion, and creative the occasion emphasised the democratic, secular, and social justice ideals entrenched in the Indian Constitution.

# TEACHERS DAY CELEBRATION

## 2019 - 2020



ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE FOR WOMEN  
(Affiliated to Periyar University, Salem)  
Mookandapalli, Sipcot, Hosur - 635126



We Cordially invite you for the  
**TEACHER'S DAY 05th September 2019**

Chief Guest  
**Rev.Fr.Celestine**

Principal  
**Rev.Sr.Dr.I.Arockiarani**



Despite the challenges posed by the ongoing pandemic, the spirit of celebration was alive and vibrant as teachers gathered to mark Teachers' Day at our college campus. In adherence to safety protocols, the festivities took on a unique form, with teachers orchestrating a delightful event filled with song and dance.

Teacher's Day celebration on 5th August 2019, and the chief guest of the day was Rev.Fr. Celestine, Bangalore.

The day commenced with a sense of anticipation as teachers prepared to showcase their hidden talents. Adhering to social distancing measures, a makeshift stage was set up in the campus courtyard, providing the perfect backdrop for the day's festivities.

As the sun began its ascent, the atmosphere buzzed with excitement. The teachers, adorned in colorful attire, took to the stage with enthusiasm, ready to captivate their audience. The performances ranged from soulful renditions of classic melodies to energetic dance routines, each act infused with the passion and camaraderie shared amongst the faculty.

The highlight of the celebration was the collaborative performances, where professors joined forces to deliver captivating musical medleys and synchronized dance numbers. Despite the constraints of the pandemic, their collective talent and dedication shone through, illuminating the campus with joy and laughter.

# DIWALI CELEBRATION

## 2019 - 2020



Diwali was a vibrant and visually captivating affair centered around the art of Rangoli. Students united to infuse the campus with the spirit of Diwali by creating intricate and colorful Rangolis at various locations. The festivities commenced with the crafting of elaborate designs, incorporating traditional motifs and contemporary themes. The main entrance, courtyards, and common areas were transformed into a kaleidoscope of vibrant hues, symbolizing the triumph of light over darkness. The Rangoli competition brought out the creative prowess of the students, showcasing a diverse range of designs. Additionally, the event featured cultural performances, delicious traditional sweets, and the lighting of diyas, enhancing the festive ambiance. The college community embraced the essence of Diwali through the mesmerizing beauty of Rangoli, fostering unity, creativity, and a shared sense of joy among students and faculty alike.

# ONAM CELEBRATION

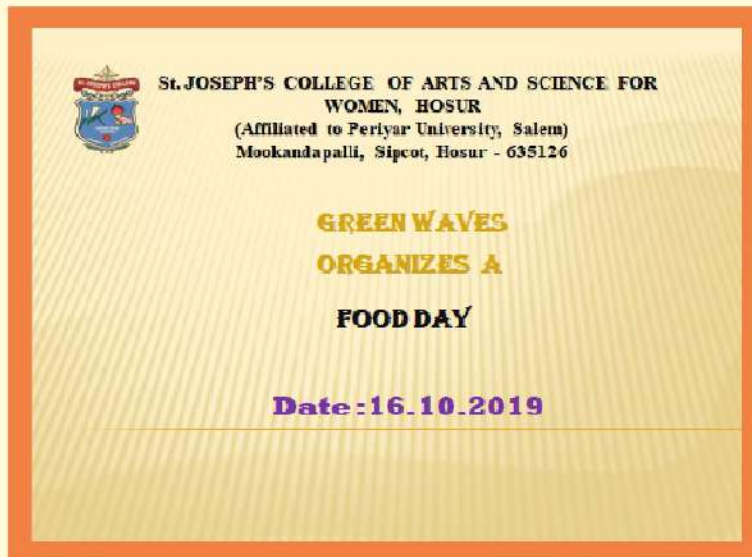
## 2019 - 2020

Onam, the vibrant harvest festival of Kerala, is a ten-day celebration filled with rich traditions, joyous festivities. Our college Onam celebration was a great event, on 11th September 2019 students participated eagerly. The students are gathered and put flower rangoli designs adorn entrances and pathways, showcasing artistry and welcoming the spirit of Onam.



# FOOD DAY

## 2019 - 2020



The Department of Nutrition and Dietetics organized a food day celebration on 16.10.2019. The Department organized a series of awareness campaigns leading up to World Food Day. These campaigns aimed to educate the community about the importance of balanced nutrition, sustainable food practices, and the impact of food insecurity on health and well-being. The Department of Nutrition and Dietetics organized a vibrant and informative Food Day event, showcasing a diverse array of nutritious foods and their associated benefits. The event featured an impressive display of fruits, vegetables, whole grains, lean proteins, and other wholesome ingredients, meticulously arranged to highlight the importance of balanced nutrition in promoting health and well-being.



# REPORT ON HANDWASHING DAY

## 2019 - 2020



Green Waves organized Hand washing Day on October 15, 2023, as part of its initiative to promote hygiene and health awareness among helpers. The event focused on educating participants about the importance of proper hand washing techniques and fostering habits that contribute to overall well-being.

During the event, helpers were provided with detailed explanations of the steps involved in effective hand washing. Emphasis was placed on the significance of thorough hand hygiene in preventing the spread of germs and reducing the risk of infections, particularly in communal settings.

Additionally, the event aimed to raise awareness about the critical times when hand washing is essential, such as before handling food, after using the restroom, and after coughing or sneezing. Participants were encouraged to incorporate these habits into their daily routines to maintain a hygienic environment and protect themselves and others from illnesses.



# NATIONAL NUTRITION WEEK CELEBRATION

## 2019 - 2020



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Mookandapalli, Sipcot, Hosur - 635126

DEPARTMENT OF NUTRITION AND DIETETICS

**ORGANIZES A**

**NUTRITION WEEK CELEBRATION**

Chief guest : Dr.S.PARAMESHWARI,

Associate Professor, Periyar

University, Salem

**Date :07.09.2019**



The Department of Nutrition and Dietetics marked the National Nutrition Week on September 7, 2019, starting at 10:00 am in the St. Francesco Auditorium. The event attracted a diverse audience, including staff members and students from various departments across the institution. Central to the celebration was a guest lecture addressing the theme of the year, "Healthy Behavior in Every Home." The distinguished chief guest for the program was Mrs. S. Parameshwari, an Associate Professor from the Department of Food and Nutrition at Periyar University, Salem. Mrs. Parameshwari delivered a succinct yet impactful speech emphasizing the importance of healthy eating habits. Her address resonated with the audience, shedding light on the critical role that dietary choices play in promoting overall health and well-being. The event served as a platform for fostering awareness and understanding of nutrition-related issues among attendees. Through Mrs. Parameshwari's expertise and insights, participants gained valuable knowledge on cultivating healthier lifestyles through mindful dietary practices. The National Nutrition Week celebration exemplified the department's commitment to promoting wellness and nutrition education within the academic community, inspiring individuals to make informed choices for better health outcomes.

# COCONUT DAY

## 2019 - 2020



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DEPARTMENT OF NUTRITION AND DIETETICS

ORGANIZES A  
**COCONUT DAY**

**Date : 26.09.2019**

On September 26, 2019, the Department of Nutrition and Dietetics at St. Joseph's College of Arts and Science celebrated Coconut Day with a meaningful initiative. In an effort to raise awareness about the importance of cultivating coconut trees, students from the college actively participated in planting coconut saplings within the campus premises. This event served as a significant opportunity to highlight the environmental and nutritional benefits associated with coconut trees. By engaging in hands-on activities like planting saplings, students not only contributed to the greening of their college environment but also learned about the significance of sustainable agricultural practices. Through this initiative, the Department of Nutrition and Dietetics effectively promoted environmental consciousness and encouraged students to take proactive steps towards conservation and sustainability. The celebration of Coconut Day not only fostered a sense of environmental stewardship but also underscored the importance of incorporating locally sourced and nutritious foods into dietary practices, aligning with the department's core principles. Overall, the event served as a testament to the college's commitment to holistic education and community engagement.



# ORGANIC DAY

## 2019 - 2020

Department of Nutrition and Dietetics organized an organic day celebration on 22-09-2019. Dr.P.Parameshwari, Associate Professor, Department of Nutrition and Dietetics, Periyar University, Salem was the resource person of the special day. The resource person enlightened the students on Organic day and its importance mentioning that Organic Day celebrations play a crucial role in promoting sustainable agriculture, raising awareness about the benefits of organic farming, and encouraging consumers to make informed choices about their food and lifestyle. By supporting organic agriculture and adopting eco-friendly practices, we can contribute to a healthier planet and a more sustainable future for generations to come. She also made an initiative on this auspicious day by seeding organic vegetable seeds.



# WORLD HEART DAY

## 2019 - 2020

On September 27, 2019, the Department of Nutrition and Dietetics at St. Joseph's College of Arts and Science for Women orchestrated an impactful Heart Day event aimed at promoting awareness of heart-healthy foods among staff members from various departments. Led by students from the Department of Nutrition and Dietetics, the initiative sought to educate participants about maintaining a healthy heart through informed dietary choices. During the event, students distributed pamphlets outlining dos and don'ts for maintaining a healthy heart. These pamphlets served as valuable resources, offering practical tips and guidelines for incorporating heart-healthy foods into daily diets while avoiding those detrimental to cardiovascular health. The initiative exemplified the Department of Nutrition and Dietetics' commitment to promoting holistic well-being and empowering individuals to make informed choices about their health. Through events like Heart Day, the Department of Nutrition and Dietetics continues to play a pivotal role in advocating for preventive health measures and promoting healthy living practices within the college community. By equipping individuals with the knowledge and tools needed to make positive dietary changes, initiatives like these contribute to the cultivation of healthier, more vibrant communities.



# INTERNATIONAL TIGERS DAY

## 2019 - 2020

On July 29, 2019 Celebrated International Tigers Day and 30 students were participated. The event aimed to raise awareness about tiger conservation and the importance of protecting these magnificent creatures. Activities included educational sessions on tiger conservation efforts, and discussions on environmental stewardship. Students engaged in learning about the threats faced by tigers and the need for conservation initiatives to safeguard their habitats. The event fostered a sense of responsibility towards wildlife preservation and encouraged students to advocate for the protection of tigers and their natural ecosystems.



# WORLD AIDS DAY.

On 01.12.2019 World AIDS Day with a gathering of 40 students and 1 staff member. The event, aimed to raise awareness about HIV/AIDS. Dr.Vennila graced the occasion as the chief guest. Discussions and awareness campaigns were conducted to educate attendees about the importance of prevention, treatment, and destigmatization of HIV/AIDS. The event successfully fostered a supportive environment for learning and promoting health consciousness among the college community.



# WORLD HEALTH DAY

On October 10, 2019, conducting World Mental Health Day. Dr. P. Sanguvathi led the coordination of the event, which saw participation from 30 students and one staff member. Deepa B graced the occasion as the chief guest. The event aimed to raise awareness about mental health issues and promote well-being among the participants. Through various activities and discussions, attendees gained valuable insights into mental health care and support, contributing to a more informed and compassionate community.



# INTERNATIONAL DAY OF ELDERS

## 2019 - 2020

On the occasion of Elders' Day celebration on 6th October 2019, a health check-up camp was organized for the elders of our college within the college campus. This initiative was spearheaded by the alumni members with the aim of promoting health awareness and providing medical assistance to the elderly members of the college community.

The health check-up camp commenced at 10:00 am. It was stationed at a designated area within the college premises, easily accessible to the staff members. The camp was equipped with necessary medical instruments and manned by qualified healthcare professionals, including doctors, nurses, and support staff and sarees were gifted to the non teaching staff by the Principal & Secretary Rev. Sr, Arockia Rani.



The Elders' Day health check-up camp organized by the alumni members proved to be a resounding success in promoting health awareness and facilitating preventive healthcare among the elders of our college members. Such initiatives reflect the college's commitment to fostering a healthy and supportive community environment.

# ETHNIC DAY

## 2019 - 2020

St. Joseph College of Arts and Science For  
Women, Hosur  
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Mookandapalli, sipcot, Hosur-635126



Event: Ethnic day



honourable presence of  
Rev.Sr. Arockia Vala

Date: 19 June



St. Francisco auditorium



On June 19, 2019, the St. Francisco Auditorium radiated with cultural vibrancy and unity as the community came together to celebrate Ethnic Day. This annual event served as a testament to the rich tapestry of diversity within the community, highlighting the beauty and significance of various ethnic traditions and customs. Attendees were treated to a captivating showcase of performances, including traditional dances, musical ensembles, and theatrical presentations, each reflecting the unique heritage of different cultural groups. From the rhythmic beats of indigenous drums to the graceful movements of folk dancers, the auditorium pulsed with the energy of cultural pride and appreciation.



2019 - 2020

## TAMIL NADU DAY

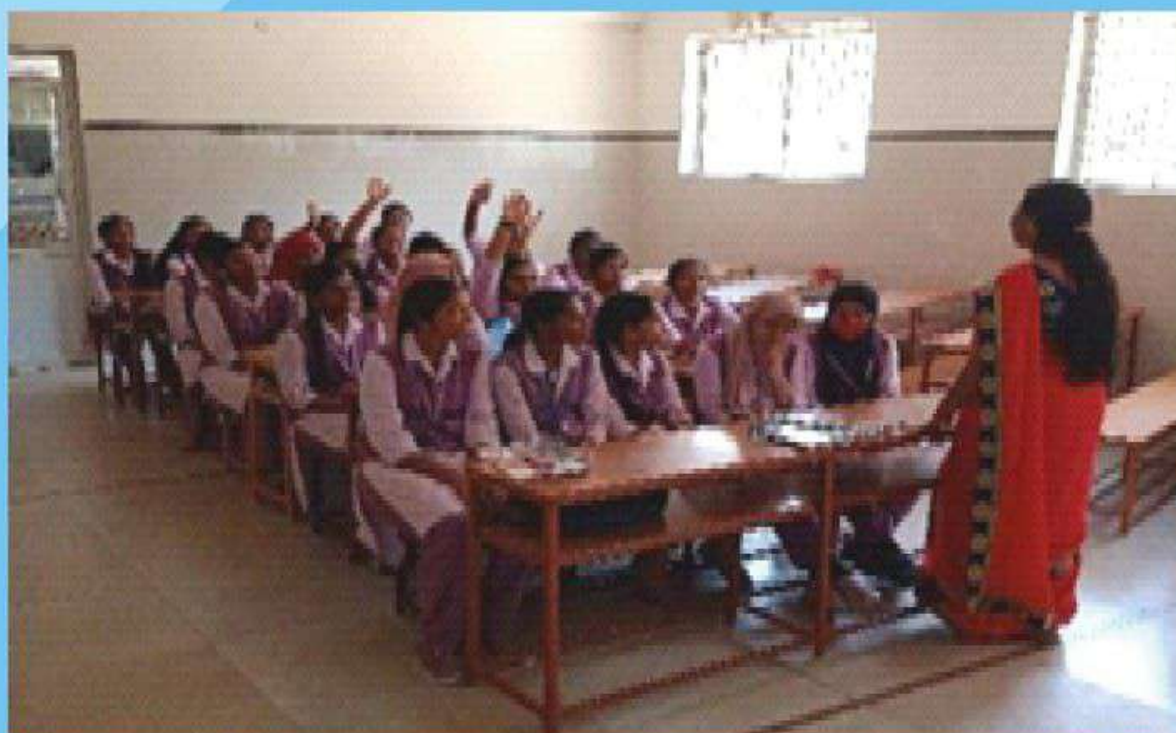
The Tamil Nadu Day was commemorated on 18.07.2019 with 25 students and one staff member. Mrs. N. Kanimozhi, Assistant Professor Department of Tamil talked about Th our state's achievements and challenges that lie ahead and work together towards building a more prosperous, sustainable, and inclusive Tamil Nadu for generations to come.



2019 - 2020

## NATIONAL YOUTH DAY

The National Youth Day was commemorated on 10.01.2020 with 25 students and one staff members. Mrs. T. Sivapiya Assistant Professor, Department of Physics talked about the importance of youth in the society, a day that celebrates the spirit, energy, and potential of our young people to embody the principles in our lives and work towards building a more just, inclusive, and equitable society for generations to come.



**2019 - 2020**

## **National Pollution Control Day**

The National Pollution Control Day was commemorated on 02.12.2019 with 25 students and one staff member. Dr. P. Sanguvathi, Assistant Professor Department of Tamil raised awareness about one should prioritize the preservation of our natural resources and the protection of our environment for the sake of current and future generations.



**2019 - 2020**

## **WORLD POPULATION DAY**

The World Population Day was commemorated on 10.07.2019 with 25 students and one staff member. Mrs. C,Hemalatha Assistant Professor Departemnt of Tamil discussed about investments in healthcare, education, and family planning services to empower individuals and families to make informed choices about their reproductive health and well-being. The event successfully raised about one should pledge to work together towards creating a world where every person has the opportunity to thrive and contribute to the prosperity of society.



**2019 - 2020**

## **AWARENESS ON TUBERCULOSIS**

A Tuberculosis (TB) Awareness Campaign was held at Motham on 06.02.2020. The event aimed to educate the community about TB, its symptoms, prevention, and treatment options. Through informative presentations, interactive discussions, and distribution of educational materials, attendees gained valuable insights into this infectious disease. The campaign successfully raised awareness about TB, dispelled myths, and encouraged individuals to seek timely medical care if experiencing symptoms. By empowering the community with knowledge, the event contributed to early detection and prevention efforts in the fight against TB.



**2019-2020**

## **BLOOD DONATION AWARENESS**

A Blood Donation Awareness event was conducted at Motham on January 9, 2020. The event aimed to educate the community about the importance of blood donation in saving lives. Through informative presentations, interactive sessions, and testimonials from donors and recipients, attendees learned about the critical need for blood donations and how they can contribute to this lifesaving cause. The event successfully raised awareness among participants, inspiring many to pledge to donate blood in the future. Overall, it was a significant step towards fostering a culture of altruism and community support through blood donation.



# 2019-2020

## AIDS AWARENESS

On 10.09.2019, a village visit was organized at Motham to raise awareness about AIDS. Twenty-five students actively participated in this initiative. The visit included interactive sessions, educational materials distribution, and discussions with villagers to dispel myths and misconceptions surrounding HIV/AIDS. Through engaging activities, participants educated the community about preventive measures, treatment options, and the importance of destigmatizing the disease. The event fostered dialogue, promoted understanding, and empowered both students and villagers to take proactive steps in combating AIDS. Overall, it was a significant effort in spreading awareness and promoting a supportive environment for affected individuals.

