

OZONE DAY CELEBRATIONS - DRAWING COMPETITION

2021 - 2022

On the occasion of International Day for the Preservation of the Ozone Layer, celebrated annually on September 16th, our college organized a vibrant and engaging drawing competition to raise awareness about the crucial role of the ozone layer in protecting life on Earth. The event, held on 16.09.2021, brought together students from various grades, showcasing their artistic talents and commitment to environmental conservation. The theme of the drawing competition centered on "Protecting the Ozone Layer for a Sustainable Future." Students enthusiastically depicted their understanding of the ozone layer, illustrating its significance in shielding the planet from harmful ultraviolet rays and preserving biodiversity.



The creativity displayed by the 16 participants was commendable, with vivid representations of the Earth, ozone layer, and diverse ecosystems. Artworks not only highlighted the importance of collective efforts to protect the ozone layer but also conveyed messages about sustainable living practices, renewable energy, and the need to reduce carbon footprints.

Judging the entries proved to be a challenging yet rewarding task, as each artwork captured the essence of the theme in unique ways. The winners were recognized for their creativity, originality, and the ability to convey a powerful message about the global responsibility to safeguard the ozone layer.

The drawing competition successfully achieved its goal of educating students about environmental conservation and the vital role played by the ozone layer. It served as a reminder that through artistic expression, we can inspire positive actions and contribute to building a sustainable and ozone-friendly future. M.Sneha (II chemistry) and B.Arputha Jothi (I Chemistry) are the winners of the competition.

ETHNIC DAY

2021 - 2022



On June 19, 2021, the St. Francisco Auditorium came alive with vibrant colors and rich cultural performances as the community celebrated Ethnic Day. Participants showcased their diverse heritage through music, dance, traditional attire, and cuisine, creating an atmosphere of unity and appreciation for multiculturalism. The event served as a platform for fostering understanding and respect among different ethnic groups while highlighting the beauty and significance of their traditions. From lively folk dances to tantalizing food stalls, Ethnic Day at St. Francisco Auditorium was a joyful celebration of diversity and inclusion.



WORLD HAPPINESS DAY

2021 - 2022

ST. JOSEPHS COLLEGE OF ARTS AND SCIENCE FOR
WOMEN, HOSUR
[AFFILIATED TO PERIYAR UNIVERSITY, SALEM]



Event: Happiness day



IN THE HONORABLE PRESENCE OF
Rev. Sr. Arockia Valan Rani
PRINCIPAL

Date: March 20



St. Francisco Auditorium

Happiness Day, celebrated worldwide on March 20th, is a poignant reminder to cherish and prioritize the pursuit of happiness. In the academic realm, college students often navigate a multitude of challenges, making the celebration of Happiness Day particularly significant. As we reflect on the year 2021-2022, marked by unprecedented global events, it becomes crucial to explore how college students embraced and celebrated happiness in the face of adversity.



WORLD MUSIC DAY

2021 - 2022

St. Joseph College of Arts and Science For Women, Hosur
(Affiliated to periyar university, salem)
Mookandapalli, sipcot, Hosur- 635126



Event: world music day



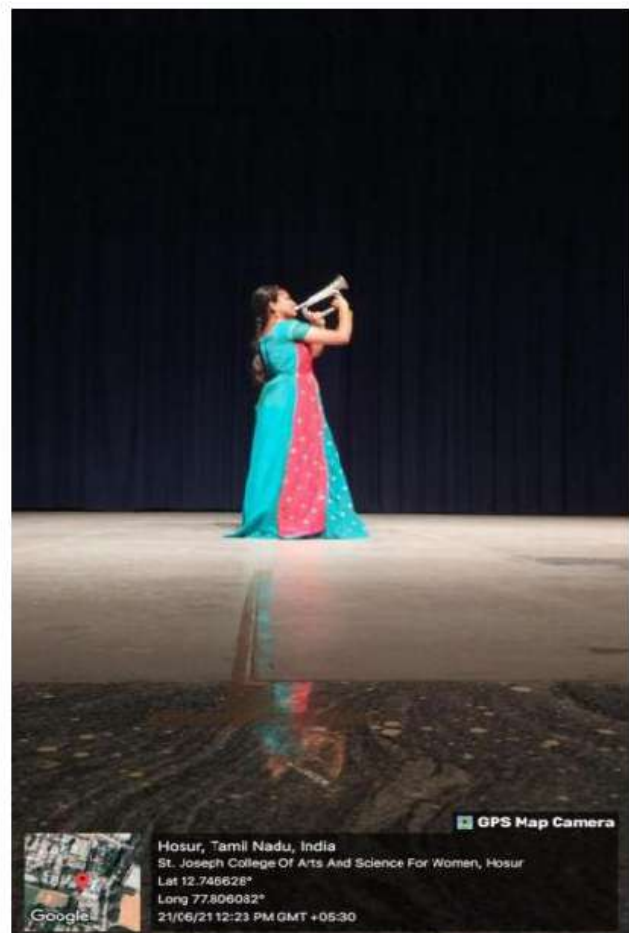
In honourable presence of
Rev. Sr. Arockia Valan Rani

Date: 21 June



St. Francisco auditorium

The St. Francisco Auditorium hosted a vibrant celebration of World Music Day on June 21st, featuring a diverse array of musical performances from various cultural traditions. Attendees were treated to an eclectic mix of genres, ranging from classical compositions to contemporary rhythms, highlighting the universal language of music. Musicians showcased their talents with passion and skill, captivating the audience and fostering a sense of unity and appreciation for cultural diversity. The event served as a testament to the transformative power of music in bringing people together and creating moments of shared joy and connection.



CHILDREN'S DAY CELEBRATION

2021 - 2022



Children's Day is an occasion celebrated worldwide to honour children and promote their well-being. In our college, the observance of Children's Day holds great significance as it reflects our commitment to nurturing and supporting the younger members of our community. This report aims to provide an overview of the Children's Day celebration in our college, focusing on the general atmosphere and spirit of the event. The Children's Day celebration in our college is characterized by a palpable sense of joy, innocence, and enthusiasm.

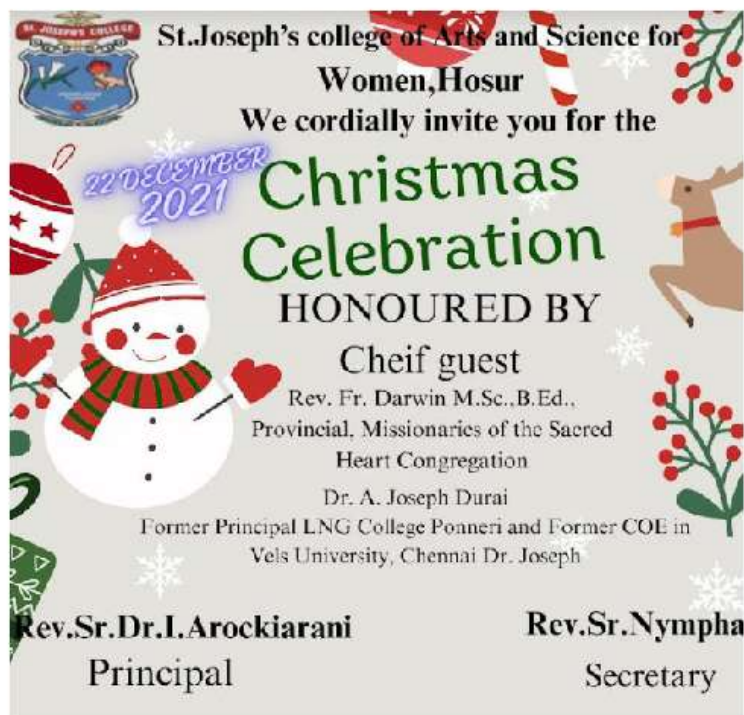
The Children's Day celebration provides a platform for children to unleash their creativity and express themselves freely. Whether through art, music, dance, or other forms of expression, children are encouraged to showcase their talents and interests. In our college we conducted Just a minute and Children's Day Speech some of them Participated and show their talents. The college organizes various workshops, exhibitions, and performances where children can explore their passions, learn new skills, and interact with peers who share similar interests. This emphasis on creativity and expression not only enriches the Children's Day celebration but also promotes personal growth and development among participants.

In conclusion, the Children's Day celebration in our college is a testament to our commitment to the well-being and development of children. By creating a nurturing and supportive environment where children can thrive and flourish, we are investing in the future generation and laying the foundation for a brighter tomorrow. As we commemorate Children's Day each year, let us reaffirm our dedication to promoting the rights, happiness, and potential of every child.



CHRISTMAS CELEBRATION

2021 - 2022



The Christmas Day celebration at our college was a delightful event, filled with warmth and festive cheer. Christmas day was celebrated on 22.12.2021. The chief guest was Rev. Fr. Darwin M.Sc., B.Ed., Provincial, Missionaries of the Sacred Heart Congregation, Dr. A. Joseph Durai Former, Principal LNG College Ponneri and Former COE in Vels University, Chennai.

The day's highlight was the enchanting carol singing by the staff, setting a magical atmosphere filled with timeless melodies. Their harmonious voices reverberated through the corridors, spreading joy and the essence of the season.

After singing the carols, the students mesmerized the audience with a captivating drama that beautifully depicted the birth of Jesus Christ. Their performance was not only entertaining but also profoundly touching, as they portrayed the essence of the nativity story with sincerity and grace.

The amalgamation of these activities united the entire college community, cultivating a spirit of togetherness and goodwill as we commemorated the birth of Jesus amidst laughter, song, and introspection. Overall, it was an unforgettable and heartening celebration that deepened the bonds of camaraderie and faith within our college.



INDEPENDENCE DAY CELEBRATION

2021 - 2022

Independence Day celebrations in college ignite a sense of patriotic fervor, marking the nation's liberation. The campus is adorned with tricolor decorations, symbolizing pride and unity.



ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE FOR WOMEN

(Affiliated to Periyar University, Salem)

Moekandapalli, Sipcot, Hosur – 535126

We Cordially invite you for the

Independence day

August 15 2021

Honoured By

Chief Guest

Mrs. Arulmani, Nursing superintendent, ESI, Hosur

&

Mrs. Lalitha Jacob, Staff Nurse, ESI, Hosur

Principal

Rev.Sr.Dr.I.Arocikarani



Independence Day celebration on 15th August 2021 and the chief guest of the day was Mrs. Arulmani, Nursing Superintendent, ESI, Hosur, Mrs. Lalitha Jacob, Staff, Nusre, ESI, Hosur. At the college grounds, there was a sorrowful flag hoisting ceremony to start the day. The national song was sung and patriotic enthusiasm was evident as the tricolors flag, representing the hopes and unity of our country, was unfurled. Important people in the community in along teachers, students, non-teaching staff, and supporting staff were present at the ceremony.



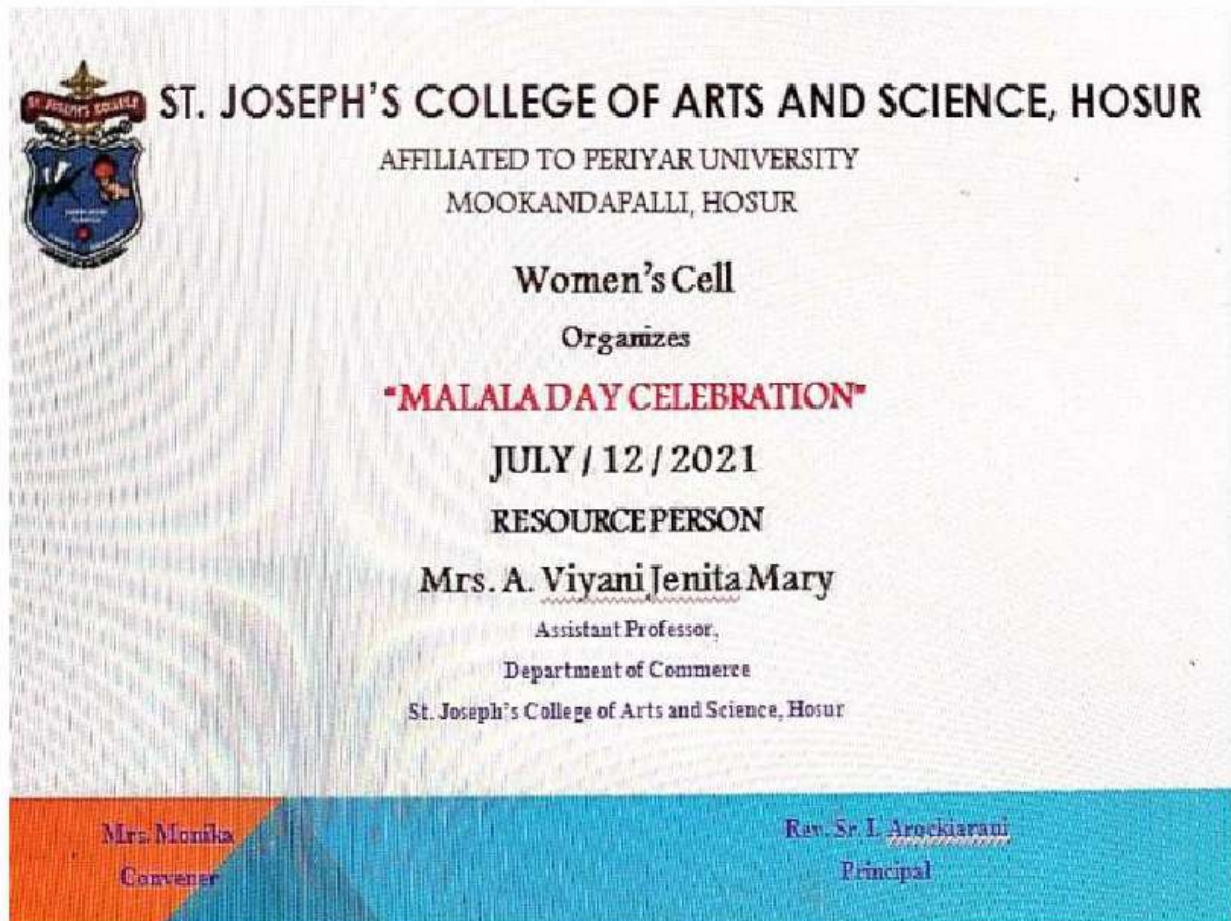
Following the hoisting of the flag, students delivered poignant remarks and readings emphasizing the significance of Independence Day and the importance of safeguarding our dearly earned freedom. These speeches underscored the necessity of achieving the aspirations outlined by our founding fathers, emphasizing the crucial roles of social harmony, national cohesion, and equitable progress.

The Independence Day festivities at our college provided an opportunity to cultivate patriotism, encourage cultural solidarity, and instill social awareness among students and faculty. By combining traditional rituals, artistic showcases, and thoughtful discussions, the occasion embodied the essence of liberty and the shared dreams of our nation.

MALALA DAY CELEBRATION

2021 - 2022

Students of St. Joseph's college of Arts & Science for women have celebrated "Malala Day" on 12.07.2021.



The celebration served as a platform for fostering awareness about the importance of education, gender equality, and standing up against injustice, echoing Malala's message of hope and determination.

Overall, the Malala Day celebration reiterated the college's commitment to nurturing empowered and socially conscious women leaders.

DIWALI CELEBRATION

2021 - 2022

The Diwali celebration of 2021 took a unique twist, focusing exclusively on the artistic brilliance of Rangoli. The campus was transformed into a canvas of creativity as students collaborated to craft intricate and mesmerizing Rangolis. The celebration kicked off with a Rangoli-making competition that encouraged participants to showcase their skills in blending tradition with contemporary designs. Throughout the college grounds, from the entrance to communal spaces, students brought vibrant and diverse Rangoli patterns to life. The event not only celebrated the festival of lights but also served as a platform for students to express their cultural identity through art. The evening was further enriched with cultural performances, where traditional dances and musical acts added to the festive atmosphere. By spotlighting the beauty and significance of Rangoli, the Diwali celebration became a testament to the students' creativity, unity, and commitment to embracing and sharing their cultural heritage.



ONAM CELEBRATION

2021 - 2022

At St. College, a distinctive celebration marked the Onam festivities in 2022 as students opted for a Pookalam-centric approach. The campus witnessed a burst of artistic expression as students, fueled by enthusiasm and creativity, dedicated the day to crafting intricate and colorful flower rangolis. From the main entrance to various common areas, Pookalams adorned the college, each telling a unique story through its design and choice of flowers. This celebration focused solely on the beauty and symbolism of Pookalam, creating a serene and contemplative atmosphere. Students collaborated to bring their visions to life, showcasing not only their artistic talents but also their appreciation for the cultural heritage embedded in the tradition. The decision to center the festivities around Pookalam underscored a meaningful connection to tradition and artistry, allowing for a memorable and visually stunning Onam celebration at St. College.



FOOD DAY 2021 - 2022

On October 16, 2021, the Green Waves initiative at St. Joseph's College for Arts and Science organized a Food Day event, where students took charge in preparing a healthy menu for the entire day. This initiative aimed to promote awareness about healthy eating habits and the importance of nutrition among the college community. Throughout the day, students showcased their culinary skills and creativity by preparing a variety of nutritious dishes. The menu featured an array of wholesome options, including fresh salads, whole grain sandwiches, vegetable stir-fries, fruit smoothies, and protein-rich entrees. Each dish was carefully crafted to provide essential nutrients while minimizing the use of processed ingredients and unhealthy additives. The Food Day event not only offered students an opportunity to explore and experiment with healthy recipes but also encouraged them to make mindful choices about their diet and lifestyle. It fostered a sense of community and collaboration as students worked together to promote wellness and sustainability within the college campus. Overall, the Food Day event organized by the Green Waves initiative was a resounding success, highlighting the importance of healthy eating and empowering students to take proactive steps towards a healthier future. Through such initiatives, St. Joseph's College for Arts and Science continues to inspire and educate its students about the significance of nutrition and well-being in leading a fulfilling life.



GLOBAL HANDWASH DAY

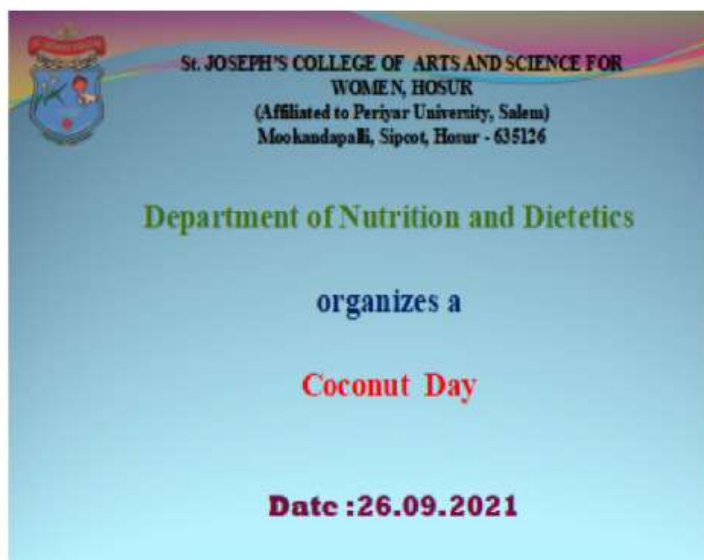
2021 - 2022

On October 15, 2021, Green Waves, a community initiative, orchestrated a Hand washing Day event at St. Joseph College for Arts and Science for Women. The focal point of the event was a presentation delivered by Mrs. Prailin, an esteemed Assistant Professor from the Department of Nutrition and Dietetics. Through an engaging PowerPoint, Mrs. Prailin meticulously elucidated the importance of hand washing and demonstrated the requisite steps for effective hand hygiene. With a blend of expertise and passion, she adeptly educated the students on the significance of proper hand washing techniques in preventing the spread of infections and diseases. Moreover, Mrs. Prailin actively involved the students by encouraging them to practice the demonstrated steps themselves, thereby fostering a hands-on learning experience. The event not only imparted crucial knowledge but also instilled a sense of responsibility among the students towards maintaining personal hygiene. Through the collaborative efforts of Green Waves and Mrs. Prailin, the Hand washing Day event proved to be an enlightening and empowering experience for all involved, contributing to the promotion of health and well-being within the college community.



COCONUT DAY

2021 - 2022



On September 26, 2021, the Department of Nutrition and Dietetics at St. Joseph's College of Arts and Science for Women organized a vibrant celebration to honour the versatility and nutritional benefits of coconuts. Mrs.M.Monica, Assistant professor, Department of Nutrition and dietetics aimed to educate students and faculty members about the significance of coconuts in culinary practices, health, and culture. Through informative sessions, practical demonstrations, and cultural presentations, participants gained a deeper understanding of the nutritional and cultural significance of coconuts. Hands on training were provided for the students, showcasing the preparation of nutritious and delicious dishes using coconut as the main ingredient. Attendees had the opportunity to learn various cooking techniques and recipes incorporating coconut milk, coconut oil, and shredded coconut. The event served as a platform for promoting healthy eating habits and fostering appreciation for traditional foods. Such initiatives play a crucial role in promoting holistic well-being and empowering individuals to make informed dietary choices.



ORGANIC DAY

2021 - 2022



ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE FOR
WOMEN, HOSUR
(Affiliated to Periyar University, Salem)
Mookandapalli, Sipcot, Hosur - 635126

DEPARTMENT OF NUTRITION AND DIETETICS

ORGANIZES A
ORGANIC DAY

Date: 22.09.2021

The Department of Nutrition and Dietetics orchestrated an impactful Organic Day event on September 22, 2021. Students from St. Joseph's College of Arts and Science for Women participated enthusiastically, embarking on a mission to distribute saplings to helpers within the community. This initiative wasn't merely a gesture of goodwill; it served as a catalyst for raising awareness about the significance of planting trees and embracing organic practices. By distributing saplings, the students

symbolically planted the seeds of change, fostering a deeper connection between individuals and their environment. Through their actions, they championed the cause of biodiversity, air quality improvement, and carbon sequestration. By instilling values of empathy and proactive engagement, initiatives like the Organic Day event resonate far beyond their immediate impact, inspiring communities to adopt greener lifestyles and contribute to a healthier planet. As saplings were tenderly handed over to the helpers, a collective commitment to nurturing nature was forged. Each sapling represented a beacon of hope, a promise of a greener, more sustainable future. The Organic Day event stands as a testament to the power of collective action and the transformative potential of small gestures. Through such endeavours, we sow the seeds of change, one sapling at a time, nurturing a legacy of environmental consciousness for generations to come.



WORLD DIABETIC DAY

2021 - 2022

Department of Nutrition and Dietetics organized a diabetic day celebration on 14.11.2021. The celebration commenced with informative sessions conducted by healthcare professional and diabetes expert Ms.Pooja K S Nutritionist, Healthifyme Wellness pvt.ltd.Bengaluru. The session covered various topics such as the causes of diabetes, symptoms, risk factors, preventive measures, and available treatment options. This session also insisted on following a few activities to manage diabetes like Health screenings and check-ups for diabetes risk factors, Educational workshops and seminars on diabetes prevention, management, and healthy lifestyles, Awareness campaigns through social media, traditional media, and public events, Fundraising initiatives to support diabetes research, treatment, and advocacy efforts, Policy discussions and advocacy for better access to diabetes care and essential medications. The Attendees were encouraged to ask questions and seek clarification on any concerns they had regarding diabetes.



St. JOSEPH'S COLLEGE OF ARTS AND SCIENCE
FOR WOMEN, HOSUR
(Affiliated to Periyar University, Salem)
Mookandapalli, Sipcot, Hosur - 635126

DEPARTMENT OF NUTRITION AND
DIETETICS
organizes a

DIABETIC DAY
on

Date : 14.11.2021

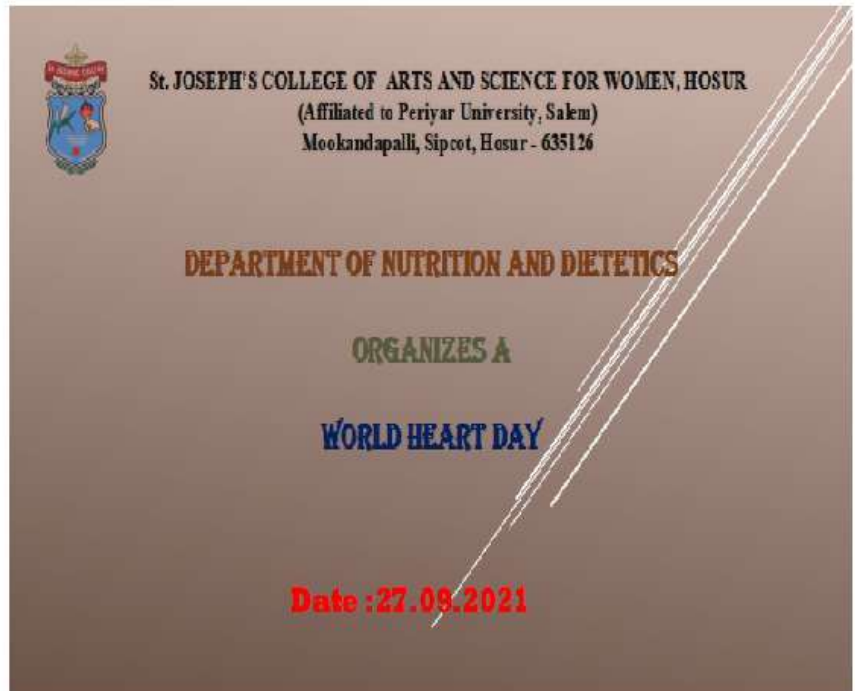


WORLD HEART DAY

2021 - 2022

Department of Nutrition and Dietetics organized a heart day celebration on 27.09.2021. R.Prailin, Assistant Professor, Department of Nutrition and Dietetics, St. Joseph College of arts and science for women, Hosur shared insights of this special day. The World Heart Day celebration in the Department of Nutrition and Dietetics was a meaningful initiative aimed at promoting cardiovascular health and empowering individuals to take control of their well-being. By providing educational resources, practical tools, and personalized

support, the event inspired attendees to adopt heart-healthy habits and make positive lifestyle changes. As advocates for preventive healthcare, the department remains committed to on-going efforts to raise awareness about heart disease prevention and support individuals in their journey toward optimal heart health.



EARTH DAY

2021 - 2022

On account of Earth day, Poster presentation event was organized by Swatch Bharath on 22nd April 2022. Top of Form

The topic of Poster Presentation was 'Covid19 Versus Humanity'. In the wake of COVID-19, Earth Day serves as a poignant reminder of our interconnectedness with nature and the urgency to protect our planet's health for a sustainable future. Through poster making, we can highlight the contrast between the destructive impact of COVID-19 and the resilience and compassion demonstrated by people worldwide.

Despite the diverse backgrounds and experiences of people worldwide, the pandemic has brought communities together, emphasizing the importance of solidarity and collaboration in overcoming global crises. The Poster illustrates humanity's resilience and solidarity in the face of adversity. It depicts acts of kindness, such as neighbors helping each other, healthcare workers providing care and support, and scientists working tirelessly to develop vaccines. The scene radiates hope, unity, and determination to overcome the challenges posed by COVID-19.



GLOBAL HANDWASHING DAY

2021 - 2022

The Swachh Bharat Committee of St. Joseph's College, Hosur, conducted a thorough awareness campaign on October 15, 2021, in observance of Global Handwashing Day, with the goal of encouraging students to wash their hands. During the event, girls were closely observed and guided to ensure that good hygiene practices were followed. Practical demonstrations of proper handwashing techniques were conducted.

The event kicked off with a demonstration of proper handwashing techniques conducted by experienced volunteers and members of the Swachh Bharat Committee. The demonstration emphasized the critical steps involved in effective handwashing, including wetting hands, applying soap, scrubbing thoroughly, rinsing with water, and drying hands properly.

Following the demonstration, students were actively supervised and guided by volunteers and committee members as they practiced handwashing. The aim was to ensure that students understood and implemented the correct handwashing procedures, including the duration of washing and the importance of covering all surfaces of the hands.

It was a great success for the Global Handwashing Day program to encourage good hygiene habits and increase student knowledge of the value of handwashing. Students were able to comprehend the importance of handwashing as a means of reducing the spread of germs and diseases through hands-on demonstrations, active supervision, and interactive conversations.

Furthermore, by actively participating in handwashing demonstrations and discussions, students were empowered to take ownership of their health and well-being and to serve as advocates for proper hygiene practices within their families and communities.



ALUMNAE MEET AND FRIENDSHIP DAY CELEBRATION

2021 - 2022

The Alumnae Meet and Friendship Day Celebration, held on August 7, 2021, at the St. Francisco Auditorium of our college, was a joyous occasion that brought together past and present members of our esteemed institution. The event, organized by the Alumnae Association, aimed to strengthen the bonds of friendship among alumni, current students, and faculty members, while also providing a platform for reflection and camaraderie.

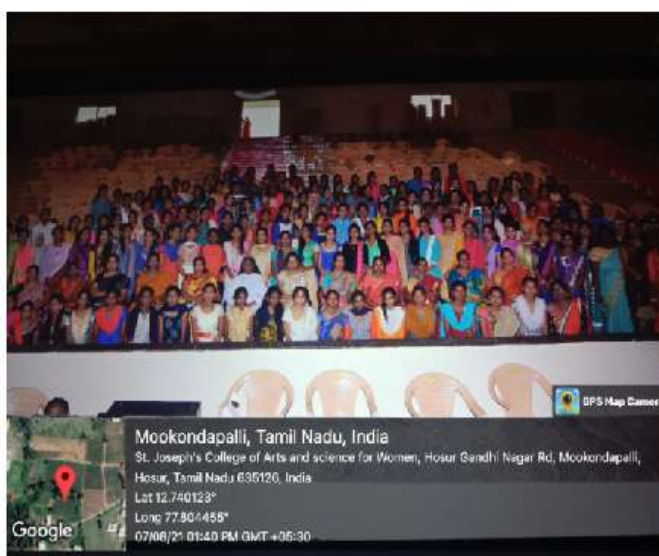
The event commenced promptly at 9:30 AM with an air of excitement and anticipation as more than 50 alumnae girls and 12 faculty alumni gathered to reconnect with their alma mater and celebrate the spirit of friendship.

Ms. L. Anjalin Mary, the secretary, gave a hearty greeting before the program started. The collage report, which highlighted the year's many accomplishments, was then presented by President Ms. Ruhitha Parwesh.

The alumnae girls shared their enriching experiences and fond memories of their time spent at our college. They eloquently highlighted the unique aspects of our institution that distinguish it from others, including the nurturing environment, academic excellence, and strong sense of community. A wall clock has presented to the Management by Alumnae association.

A series of entertaining games and activities were organized to promote camaraderie and teamwork among attendees. As a poignant symbol of friendship and solidarity, participants concluded the event by exchanging friendship bands. This heartfelt gesture served as a reminder of the enduring bonds forged during their time at college and the importance of nurturing relationships beyond graduation.

The event concluded with a heartfelt vote of thanks delivered by Ms. Monisha, expressing gratitude to all participants, organizers, volunteers, and sponsors who contributed to the success of the event. Her words of appreciation encapsulated the spirit of camaraderie and community that defined the celebration.



INTERNATIONAL DAY OF ELDERS

2021 - 2022

On October 3, 2021, in commemoration of the International Day of Elders, the alumni of St. Joseph's College of Arts and Science for Women, Hosur, initiated a community service. This service is aimed to honor and support the elderly residents of the Arockia Annai Home for the Aged in Sion Malai.

The event began 10:00am as alumni volunteers gathered at the Arockia Annai Home for the Aged with enthusiasm and a spirit of service. Recognizing the importance of maintaining a clean and hygienic environment for the elderly, the alumni diligently swept, mopped, and dusted various areas of the facility. Their efforts not only revitalized the surroundings but also contributed to the residents' overall comfort and health.



In addition to the cleaning campaign, the alumni engaged in meaningful interactions with the elderly residents. They spent quality time conversing, listening to stories, and offering companionship to the seniors. These interactions fostered a sense of belonging and emotional support, brightening the residents' day and reminding them that they are valued members of the community.

This celebration, exemplifies the power of community service and compassion. Through their selfless efforts, the volunteers demonstrated a commitment to uplifting the lives of the elderly and promoting a culture of care and respect within society. This initiative serves as a shining example of the positive impact that collective action can have on the well-being of vulnerable populations, inspiring others to follow suit and make a difference in their communities.



WORLD AIDS DAY

2021 - 2022

On December 1, 2021, RRC Conducted World AIDS Day. The event saw enthusiastic participation, with 40 students and 1 staff member joining. The highlight of the occasion was the presence of Chief Guest Kumaraswamy.A, whose insightful remarks shed light on the significance of HIV/AIDS awareness. The event served as a platform for education and advocacy, contributing to the global fight against the epidemic.



AIR FORCE DAY

2021 - 2022

On October 12, 2021, the Department of Physics hosted an engaging model competition commemorating Air Force Day. The event aimed to honor the valiant efforts of the Air Force while also fostering creativity and innovation among students. Ten enthusiastic participants from various grades took part, each showcasing their talents through unique and meticulously crafted models.

The models presented by the participants covered a wide spectrum of themes, ranging from aircraft design and engineering to mission planning and strategic defense systems. Some participants focused on replicating iconic aircraft models, paying homage to the technological prowess and historical significance of airpower. Others explored futuristic concepts, envisioning next-generation aircraft and advanced weaponry systems.

The judging panel, comprising experts from the Department of Physics and guest evaluators with backgrounds in aerospace engineering and military strategy, meticulously assessed each model based on criteria such as accuracy, attention to detail, innovation, and presentation quality. After careful deliberation, winners were announced in various categories, including Best Overall Model, Most Creative Design, and Most Technologically Advanced Concept.

In conclusion, the model competition on the occasion of Air Force Day was a resounding success, showcasing the talent, creativity, and enthusiasm of the participating students. It not only celebrated the achievements of the Air Force but also inspired the next generation of innovators and leaders in science and technology.

We extend our heartfelt gratitude to all the participants, organizers, and supporters who contributed to making this event a memorable and impactful experience. Through collaborative efforts and continued engagement, we strive to inspire future generations to pursue their passions and make meaningful contributions to society.



2021 - 2022

GIRL CHILD DAY

On 11.10 2021, Government girls High school 50 students and 2 staff members. Coordinated by Dr. D. Bhuvana and Dr. S. Geetha, the event aimed to highlight the importance of empowering and advocating for the rights of girl children. Interactive sessions engaged participants in discussions on gender stereotypes and strategies to support girls' development. The event concluded with a renewed commitment to fostering an inclusive environment for girls' empowerment.



2021 - 2022

HIROSHIMA NAGASAKI DAY

On 06.08.2021, commemorated Hiroshima Nagasaki Day, program associate with 50 enthusiastic student participants. Mrs. Bhavani Ramesh Senior CMCA Hosur was the chief guest. The primary objective was to create awareness among students about the historical significance of the bombings and advocate for peace. The program, held at the college premises, featured engaging sessions that vividly portrayed the devastating impact of nuclear weapons on Hiroshima and Nagasaki.

