

# St. Joseph's College of Arts and Science for Women

(Affiliated to Periyar University, Salem) An ISO 9001:2015 Certified Institution Recognised U/s 2(f) and 12(B) of the UGC Act Mookandapalli, SIPCOT, Hosur - 635 126

## YOUTH RED CROSS (YRC)

### POLICY

- Encouraging cleanliness and health
- To raise awareness of the importance of taking care of ourselves, other people, and an individual's health and hygiene.
- The YRC provides an environment for social service.
- To educate young people about the functions and duties of the Red Cross and inspire them to make unwavering contributions in the same direction

#### PRACTICES

- The YRC club runs initiatives to promote health and hygiene among its members through the following means: a. adopting healthy habits; b. keeping the college premises and surrounding areas clean
- Plantations of trees
- Identification of impoverished individuals in need and provision of assistance
- Observing international yoga days, world hepatitis days, blood donation days, and other events.
- Initiatives for Personality Development
- Training and orientation programs are planned.

#### OUTCOMES

- The college premises are kept clean, and students will learn to keep even public areas organized and ecologically conscious.
- The individuals' confidence will naturally increase if they are delighted with our surroundings.
- Volunteers can learn techniques to help themselves by helping others.
- Participants' perspectives and attitudes are altered by their service to others, and their acts of understanding increase their positive emotions and outlook.
- Encouragement of National and International Friendship can help us feel empathy for those outside of our communities and nation.
- Including young people in community activities that encompass other cultures and foster greater mutual tolerance and understanding, as they will be the future leaders.