# St. Joseph's College of Arts and Science for Women

(Affiliated to Periyar University, Salem)
An ISO 9001:2015 Certified Institution
Recognised U/s 2(f) and 12(B) of the UGC Act
Mookandapalli, SIPCOT, Hosur - 635 126

### **NSS**

## **Policy**

- To motivate the student community to enhance their potential for the welfare of society.
- To develop the overall personality of the student volunteers through community services.
- To enhance the leadership qualities, fraternal love, and team spirit of the student volunteers.
- To improve the physical and mental strength of the volunteers and to expose them to new vocational possibilities.
- To encourage and train the student volunteers to render selfless service to the college and to the society.

### **Practices**

- NSS of the college has two units and a total of 200 student volunteers are recruited every year (100 volunteers in each unit) with the concurrence of their parents.
- Regular meetings and orientation programs are conducted to help the student volunteers gain personal skills in the exercise of community building.
- Volunteers participate in regular activities such as rallies, seminars, and awareness programs about drugs, road safety, yoga, tree plantation, first aid, Swachh Bharat, Swachhata Hi Seva, Garbage Free India, campus cleaning, Voters Day Awareness, Albendazole tablet Issue campaign, and involve themselves in the service of the society.
- The volunteers are given the opportunity to inherit the cultural heritage and communal harmony of the nation.
- Serving as a platform to exhibit their talents and to motivate the volunteers to grow in their integrated personality.
- Apart from these, annual special camps are conducted every year, involving all the volunteers of the three units.
- Active participation in the annual camp enables the volunteers to grow in team spirit, helps them interact and mingle with society, and renders their dedicated service.

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### **Outcomes**

- By participating in the various activities of NSS, the student volunteers become more disciplined and self-confident.
- Each program of the NSS helps the student volunteers identify their talents and promote them as good leaders and citizens of the nation.
- By giving awareness programs to the student community and society, each volunteer becomes aware of social issues, enabling them to face the challenges courageously.
- Student volunteers inculcate team spirit among themselves.
- The NSS volunteers become capable of planning and executing any programs entrusted to them for the betterment of society.
- They develop their character by serving in rural areas and thereby developing social consciousness and commitment.
- They promote national integration, democratic living, and cooperative action by their well-disciplined and systematic way of life.
- The volunteers grow in the consciousness of "NOT ME BUT YOU." The volunteers become more sensitive to the needs of the society, such as education, medicine, and other basic needs.
- The student volunteers contribute to the society by planting trees, educating underprivileged children, and participating in social empowerment programs.