**ST JOSEPH’s COLLEGE OF ARTS & SCIENCE FOR WOMEN, HOSUR**

**DEPARTMENT OF NUTRITION & DIETETICS**

**ABOUT THE DEPARTMENT**

TheDepartment of Nutrition and Dietetics was started during the academic year 2017-2018. This department is affiliated to Periyar University, Salem since 01.01.1998. At present B.Sc., program is successfully progressing in this department. This department is well established with infrastructural facilities.

**MOTTO**

Unlock your potential with good Nutrition

**OBJECTIVE**

* To produce undergraduates in the field of Nutrition and Dietetics recognized for their practical and public health skills.
* To develop experts in nutrition practice from a wide range of perspectives within the health system, from disease prevention to palliation.
* To generate a team of well-equipped clinical nutrition practitioners who can help the community.
* To expose students to research and practice in the field of nutrition by developing newer food formulas in the prevention and treatment of lifestyle diseases.
* To explore the teaching skills of menu planning for quality and quantity preparation and management of resources.

**VISION**

To impart a solid understanding of standards of nutrition and dietetics practice and develop essential leadership skills to play a pivotal role to promote nutrition and healthy lifestyle choices in our society and beyond.

**MISSION**

* To expose students to research and practice in the field of nutrition by developing newer food formulas in the prevention and treatment of lifestyle diseases.
* To engineer the students in theoretical and practical aspects of the entire food value chain management.