

St. Joseph's College of Arts and Science For Women, Hosur
Department of Nutrition and Dietetics
Class workload
Academic Year 2023-2024 (Odd semester)

S.No	CLASS	SUBJECT	UNIVERSITY HOURS	ALLOTTED HOURS	STAFF ALLOTTED
1	IIIB.Sc Nutrition and Dietetics	Nutrition in life cycle	5	6	Mrs.R.Prailin
		Advanced Dietetics	5	6	Mrs.M.Deepika
		Elective I Public Health Nutrition	4	5	Mrs.M.Monica & Ms.B.Madhumitha
		Elective II Basics of research methodology	4	4	Mrs.M.Monica
		SBEC-Bakery science	2	3	Mrs.M.Monica
		Nutrition in life cycle practical	3	3	Mrs.R.Prailin & Mrs.M.Deepika
		Bakery science practical	3	3	Mrs.M.Monica & Mrs.R.Prailin
		Institutional Project	4	4	Mrs.M.Monica & Mrs.R.Prailin
2	II B.Sc Nutrition and Dietetics	Tamil III	6	6	Dr.Ezhilararsi
		English III	6	6	Mrs.Vijayalakshmi
		Nutritional Biochemistry	4	5	Mrs.M.Monica
		General Home science I	4	5	Mrs.R.Prailin
		SBEC-Food preservation and processing	2	2	Mrs.M.Deepika
		NMEC	2	2	Mrs.Archana
		Nutritional Biochemistry Practical	3	3	Mrs.M.Monica & Ms.B.Madhumitha
		General Home science practical	3	3	Mrs.R.Prailin & Mrs.M.Deepika
3	I B.Sc Nutrition and Dietetics	Tamil I	6	6	Dr.Ezhilararsi
		English I	6	6	Mrs.Pricilla
		Food science	5	6	Ms.B.Madhumitha
		Food science practical	4	4	Mrs.M.Monica & Ms.B.Madhumitha
		Food and Nutrition	2	3	Mrs.R.Prailin
		Dimensions of Health	2	3	Mrs.M.Deepika
		Allied Chemistry I	3	3	Mrs.Swetha
		Allied chemistry practicals	2	2	Mrs.Swetha

Monica
Head and Assistant Professor
 Department of Nutrition and Dietetics
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Principa
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ST. JOSEPH'S COLLEGE OF ARTS
& SCIENCE FOR WOMEN
 Mookandapalli, Sipcot,
 HOSUR - 635 126, Krishnagiri - Dist.

ST.JOSEPH'S COLLEGE OF ARTS AND SCIENCE FOR WOMEN, HOSUR.
DEPARTMRNT OF NUTRITION AND DIETETICS

Class:I B.Sc N &D

Hour Day Order	1	2	3	4	5	6
1	Food Science	Allied Chemistry I	Food and Nutrition	Language I	English I	Food science (R)
2	English I	Language I	Food Science	Allied Chemistry I	Food Science	Library
3	Food Science Practical			Language I	English I	Food science (Practical)
4	Allied Chemistry I	Food and Nutrition	English I	Food Science	Language I	Dimensions of Health
5	Allied Chemistry I Practical		Dimensions of Health	P.E.T	Language I	English I
6	Language I	English I	Food Science	Dimensions of Health	Food and Nutrition	Library

Class: II B.Sc N &D

Hour Day Order	1	2	3	4	5	6
1	Nutritional Biochemistry	Home Science I Practical			English III	Language III
2	Nutritional Biochemistry	English III	Language III	Library	General Home Science I	Nutritional Biochemistry (R)
3	General Home Science I	Language III	Nutritional Biochemistry	English III	Language III	SBEC-Food Preservation and processing
4	Language III	SBEC-Food Preservation and processing	General Home Science I	Nan Muthalvan	English III	General Home Science I (R)
5	Nutritional Biochemistry Practical			Language III	English III	NMEC
6	General Home Science I	Nutritional Biochemistry	Nan Muthalvan	Language III	NMEC	English III



Class: III B.Sc N &D

Hour Day Order	1	2	3	4	5	6
1	Nutrition in life cycle	Advanced Dietetics	Elective I	Elective II	Library	Nutrition in life cycle (R)
2	Nutrition in life cycle practical			SBEC	Advanced Dietetics	Project
3	Advanced Dietetics	Elective II	Nutrition in life cycle	SBEC	Elective I	Project
4	Bakery science practical			Nutrition in life cycle	Elective II	Library
5	Nutrition in life cycle	Elective I	SBEC	Advanced Dietetics	Project	Advanced Dietetics (R)
6	Advanced Dietetics	Elective I	Nutrition in life cycle	Elective II	Project	Elective I (R)

Mona M

Signature of the HOD:

Head of the Department of
St. Joseph's College of Arts and Science for women
SIPCOT, Hosur - 635 126.

[Signature]

Signature of the Principal:
PRINCIPAL

ST. JOSEPH'S COLLEGE OF ARTS
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Mookandapalli, Sipcot,
HOSUR - 635 126, Krishnagiri-Dist.



STAFF WORKLOAD
ACADEMIC YEAR 2023-2024 (ODD SEMESTER)

S.NO	STAFF NAMES	CLASS	SUBJECTS	UNIVERSITY HRS	ALLOTTED HRS	TOTAL HRS
1	Mrs.M.Monica	I BSC(N&D)	Food Science Practical	4	1	19
		II BSC(N&D)	Nutritional Biochemistry	4	5	
		II BSC(N&D)	Nutritional Biochemistry practical	3	2	
		III BSC(N&D)	Elective II Basics of research methodology	4	2	
		III BSC(N&D)	SBEC-Bakery science	2	3	
		III BSC(N&D)	Bakery science practical	3	3	
		III BSC(N&D)	Institutional project	4	3	
2	Mrs.R.Prajin	I BSC(N&D)	Food and Nutrition	2	3	21
		II BSC(N&D)	General Home science I	4	5	
		II BSC(N&D)	General Home science Practical	3	2	
		III BSC(N&D)	Nutrition in life cycle	5	6	
		III BSC(N&D)	Nutrition in life cycle practical	3	3	
		III BSC(N&D)	Bakery science practical	3	1	
		III BSC(N&D)	Institutional project	4	1	
3	Mrs.M.Deepika	I BSC(N&D)	Dimensions of Health	2	3	15
		II BSC(N&D)	SBEC-Food preservation and processing	2	2	
		II BSC(N&D)	General Home science Practical	3	2	
		III BSC(N&D)	Advanced Dietetics	5	6	
		III BSC(N&D)	Nutrition in life cycle practical	3	2	
4	Ms.B.Madhumitha	I BSC(N&D)	Food science	5	6	17
		I BSC(N&D)	Food Science Practical	4	3	
		II BSC(N&D)	Nutritional Biochemistry practical	3	2	
		III BSC(N&D)	Elective I Public Health Nutrition	4	4	
		III BSC(N&D)	Elective II Basics of research methodology	4	2	

Monica M
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ST.JOSEPH'S COLLEGE OF ARTS AND SCIENCE FOR WOMEN, HOSUR.
DEPARTMENT OF NUTRITION AND DIETETICS

Staff: Mrs.M.MONICA

Hour Day Order	1	2	3	4	5	6
1	Nutritional Biochemistry II B.Sc N& D			Elective II III B.Sc N& D		
2	Nutritional Biochemistry II B.Sc N& D			SBEC III B.Sc N& D		Nutritional Biochemistry II B.Sc N& D Project
3	Food science practical	Elective II III B.Sc N& D	Nutritional Biochemistry II B.Sc N& D	SBEC III B.Sc N& D		
4	Bakery science practical			Nutritional Biochemistry II B.Sc N& D	Elective II III B.Sc N& D	
5	Nutritional Biochemistry practical		SBEC		Project	
6		Nutritional Biochemistry II B.Sc N& D		Elective II III B.Sc N& D	Project	

Staff: Mrs.R.PRILIN

Hour Day Order	1	2	3	4	5	6
1	Nutrition in life cycle III B.Sc N& D	Home Science I practical	Food and nutrition I B.Sc N& D	Home Science I practical		Nutrition in life cycle III B.Sc N& D
2	Nutrition in life cycle practical				General Home Science I II B.Sc N& D	Project
3	General Home Science I		Nutrition in life cycle III B.Sc N& D			
4	Bakery science practical	Food and nutrition I B.Sc N& D	General Home Science I II B.Sc N& D	Nutrition in life cycle III B.Sc N& D		General Home Science I II B.Sc N& D
5	NTLC	General Home Science				
6	General Home Science I II B.Sc N& D		Nutrition in life cycle III B.Sc N& D		Food and nutrition I B.Sc N& D	



Staff: Mrs. M. DEEPIKA

Hour Day Order	1	2	3	4	5	6
1		Advanced Dietetics III B.Sc N& D	General Home Science practical			
2	SBEC II B.Sc N& D	Nutrition in life cycle practical			Advanced Dietetics III B.Sc N& D	
3	Advanced Dietetics III B.Sc N& D		Dimensions of Health I B.Sc N& D			
4		SBEC II B.Sc N& D				Dimensions of Health I B.Sc N& D
5				Advanced Dietetics III B.Sc N& D		Advanced Dietetics III B.Sc N& D
6	Advanced Dietetics III B.Sc N& D			Dimensions of Health I B.Sc N& D		

Staff: Ms. B. MADHUMITHA

Hour Day Order	1	2	3	4	5	6
1	Food Science I B.Sc N& D		Elective I III B.Sc N& D			Food Science I B.Sc N& D [R]
2			Food Science I B.Sc N& D		Food Science I B.Sc N& D	
3	Food Science practical				Elective I III B.Sc N& D	Food Science I B.Sc N& D [Practical]
4				Food Science I B.Sc N& D		
5	Nutritional Biochemistry practical	Elective I III B.Sc N& D	Nutritional Biochemistry practical			
6		Elective I III B.Sc N& D	Food Science I B.Sc N& D			Elective I III B.Sc N& D

Signature of the HOD:

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