

GENERAL HOME SCIENCE –I

SYLLABUS

Unit I

Textile – Definition, Terminology and Classification of textile fibers. Basic unit and Polymer bonds in textile fiber, Physical and Chemical Properties of fibers.

Processing of Manufacture of all Natural and Man-Made Fibers – Plant, Protein, Man-Made, Cellulosic, Synthetic, Metallic, Mineral and Elastomeric Fibers.

Unit II

Clothing: Origin of Clothing, Principles of Clothing, Clothing Construction – Drafting flat pattern and Dapping.

Textile Designing, Fashion Designing – Influence Factors, Fashion Cycle, Broken fashion cycles, Fashion adoption theories and Business and Merchandizing.

Unit III

Home Management: Definition, Characteristic of Management, Importance of Home Management, Motivation Factors of Management (Values,Goals,Standards), Home Management Process

Unit IV

Family Resource Management: Types and Characteristics of Family Resource.

Family Decision Making – Definition and Types of Decision Making. Housing – Definition, Importance and Functions of a House, Principles of Planning, Space Allocation and Organization in Independent Houses, Apartments and Flats.

Symbols used in Drafting Plans, Reading Plans and Blueprint.

Unit V

Interior Design: Definition, Principles and Classification. Household Equipments,

Colors – Definition, Classification, Factors Influencing Choice of Colors Furniture and Lighting – Definition and Types.



UNIT-I

ONE MARK OUESTIONS

1. What is the definition of textile? a) The study of plants b) The study of fabrics c) A type of synthetic fiber d) The study of minerals Answer: b) The study of fabrics 2. How is textile fibers classified based on their origin? a) Only as natural fibers b) As natural and synthetic fibers c) Only as synthetic fibers d) Based on color Answer :b) As natural and synthetic fibers 3. What is the basic unit of textile fibers? a) Cell b) Atom c) Polymer d) Molecule Answer: c) Polymer 4. Which type of bond is involved in the polymer structure of textile fibers? b) Ionic bond a) Hydrogen bond c) Covalent bond d) Metallic bond

Answer: c) Covalent bond

5. What terminology is used to describe the tendency of fibers to return to their original length after deformation?

a) Resilience

b) Tenacity

c) Elasticity

d) Flexibility

Answer: c) Elasticity

6. What physical property of fibers refers to their ability to transmit light?

- a) Density
- c) Luster

d) Tenacity

b) Opacity

- Answer: c) Luster
- 7. Which chemical property is crucial for dyeing and printing of fibers?
- a) Flammability
- c) Solubility

d) Stability

b) Reactivity

Answer b) Reactivity

- 8. What property makes fibers resistant to attack by microorganisms?
- a) Flammability b) Durability
- c) Biodegradability

d) Stability

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Answer: d) Stability			
9. What physical property is associated with a fiber's ability to withstand heat without melting?			
a) Melting point	b) Density		
c) Tenacity	d) Flammability		
Answer: a) Melting point	A mark		
10. Which chemical property makes fibers resistant to attack by acids, alkalis, and solvents?			
a) Reactivity	b) Solubility		
c) Chemical stability	d) Biodegradability		
Answer: c) Chemical stability			
11. What type of fibers are derived from plant sources?			
a) Metallic fibers	b) Mineral fibers		
c) Cellulosic fibers	d) Synthetic fibers		
Answer c) Cellulosic fibers			
12. What is the primary component of protein fibers?			
a) Cellulose	b) Keratin		
c) Polyester	d) Nylon		

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Answer: b) Keratin		
13. Which category of fibers includes those made through chemical synthesis and processing?		
a) Plant fibers	b) Man-Made fibers	
c) Protein fibers	d) Metallic fibers	
Answer: b) Man-Made fibers		
14. What is the main component of cellulosic fibers?		
a) Keratin	b) Polyester	
c) Cellulose	d) Nylon	
Answer: c) Cellulose		
15. What fibers are classified as synthetic?		
a) Wool and silk	b) Cotton and linen	
c) Rayon and acetate	d) Spandex and rubber	
Answer: d) Spandex and rubber		
16. The common type of warp knitting is		
a) Double knit	b) Tricot knit	
c) Milanese knit	d) None	
Answer: a) Double knit		

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17. Floats formed by weft yarns are		
a) Satin	b) Sateen	
c) Both a and b	d) None	
Answer: b) Sateen	A	
18. The world's major textile fiber is		
a) Cotton	b) Wool EGE	
c) Linen	d) Spandex	
Answer: a) Cotton	00100	
19. The name for rayon in Europe is		
a) Spandex	b) Viscose	
c) Silk	d) Polyester	
Answer: b) Viscose	KNOWLEDGE PURIFIES	
20. Wool can absorb up to% of its weight in moisture.		
a) 10	b) 20	
c) 30	d) 40	
Answer: c) 30		
21. Mass per unit volume is used to express		
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a) Cohesiveness	b) Density	
c) Tenacity	d) All	
Answer: b) Density		
22fibers can be measured cm or inch.		
a) Staple fiber	b) Short fiber	
c) Strong fiber St. JOSED	d) Smooth fiber	
Answer: a) Staple fiber	3 000	
23. A type of warp knitting is?		
a) Inert lock	b) Rib-knot	
c) Tricot	d) Float jacquard	
Answer: c) Tricot	52	
24. Propane is the basis of	fibers.	
a) Poly propelene	b) Poly ethane	
c) Poly methane	d) Poly propylese	
Answer: d) Poly propylese		
25. Lustre is the of textile fiber.		
a) Secondary	b) Primary	

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c) Miscellaneous	d) None	
Answer: a) secondary		
26. Basic unit of textile is		
a) Fabric	b) Yarn	
c) Cloth	d) Fibre	
Answer: d) Fibre St. Jac-	COLLEGE	
27. Which fibre is popularly call	ed as golden fibre?	
a) Silk	b) Jute	
c) Cotton	d) Nylon	
Answer: b) Jute		
28. Which among the following is a protein fibre?		
a) Rayon	b) Nylon	
c) Silk	d) Cotton	
Answer: c) Silk	100000	
29 is a fabric (Woven or	knitted) made from yarn	
a) Yarn	b) Fibre	
c) Textile	d) Drape	
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Answer: a) Yarn

30. Fibres are classified by their chemical origin, falling into------ groups

- a) Two
- c) Four
- Answer: a) Two
- 31 ----- nature is the capacity of moisture absorbency of fibre
- a) Heteroscpoic
- c) Microscopic

b) Macroscopicd) Hygroscopic

b) Three

d) five

Answer: d) Hygroscopic

- 32. What is a textile fiber?
- a) A naturally occurring mineral b) A unit of energy
- c) A small, thread-like material d) A type of metal alloy

used in fabric production

Answer: c) A small, thread-like material used in fabric production

- 33. What is denier in textile terminology?
- a) A unit of mass per b) A type of fabric weaves

unit length for fibers

c) A chemical compound

d) A method of fabric testing

used in dyeing

Answer: a) A unit of mass per unit length for fibers

34. What classification of fibers includes those derived from animals or plants?

a) Synthetic fibers

c) Natural fibers

Answer: c) Natural fibers

- 35. What is the basic unit of textile fibers?
- a) Filament
- c) Yarn
- Answer: b) Polymer

36. What type of bond forms the polymer structure in textile fibe

a) Ionic bond

c) Metallic bond

b) Hydrogen bond

d) Covalent bond

Answer: d) Covalent bond

37. Which property of fibers determines their ability to absorb moisture?

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b) Polymer

d) Thread

b) Man-made fibers

d) Metallic fibers

a) Tenacity

b) Elasticity

c) Absorbency

d) Resilience

b) Resilience

d) Flexibility

Answer: a) Absorbency

38. What property refers to a fiber's ability to return to its original shape after deformation?

- a) Tenacity
- c) Elasticity

Answer: b) Resilience

39. Which physical property is related to a fiber's ability to withstand pulling force without breaking?

a) Tenacity

b) Flexibility

c) Elasticity

d) Resilience

Answer: a) Tenacity

40. What chemical property of fibers determines their resistance to acids or bases

a) Ph

b) Durability

c) Solubility

d) Chemical resistance

Answer: d) Chemical resistance

41. What property defines a fiber's ability to conduct electricity?

a) Conductivity

b) Insulation

c) Resistance

d) Capacitance

Answer: a) Conductivity

- 42. What are fibers derived from plants or vegetation called?
- a) Synthetic fiber
- c) Metallic fibers

b) Cellulosic

d) Elastomeric fiber

Answer: b) Cellulosic fibers

43. Which type of fiber is manufactured entirely through chemical processes?

a) Man-made fibers

b) Protein fibers

c) Mineral fibers

d) Elastomeric fibers

Answer: A) Man-made fibers

- 44. What are some examples of man-made fibers?
- a) Cotton and wool

b) Silk and linen

c) Nylon and polyester

d) Rayon and acetate

Answer: c) Nylon and polyester

- 45. Metallic fibers in textiles are made from which materials?
- a) Natural minerals b) Chemical compounds

c) Metal or metal-coated

d) Synthetic polymers

materials

Answer: c) Metal or metal-coated

<u>5 MARKS</u>

- 1. Define weave and its patterns?
- 2. Define metallic fiber and its properties?
- 3. Write a short note on fiber length?
- 4. Explain the processing of cotton?
- 5. Define and processing of wool?

<u> 10 MARKS</u>

- 1. Explain briefly about textile terminology?
- 2. Write a note on cotton and silk?
- 3. Briefly explain the classification of textile fiber?
- 4. Explain briefly about manmade fibers?
- 5. Explain the physical and chemical properties of fib

UNIT-II

ONE MARK OUESTIONS

1. What is the primary purpose of clothing according to the origin of clothing?

- a) Fashion statement
- c) Status symbol

b) Protection and modesty

d) Expression of identity

Answer: b) Protection and modesty

- 2. Clothing made from animal hides is an example of:
- a) Synthetic clothing

b) Plant-based clothing

c) Leather clothing

d) Woolen clothing

Answer: c) Leather clothing

- 3. What factor played a significant role in the origin of clothing?
- a) Economic factors
- c) Political factors

b) Social and cultural factors

d) Environmental factors

- Answer: b) Social and cultural factors
- 4. The earliest form of clothing was likely made from:
- a) Synthetic materials b) Animal hides and plant fibers
- c) Metals and minerals d) Plastic

Answer: b) Animal hides and plant fibers

- 5. In the context of the origin of clothing, what does modesty refer to?
- a) Clothing that is inexpensive b) Clothing that is fashionable
- c) Clothing that covers the body d) Clothing that is flamboyant

appropriately

Answer: c) Clothing that covers the body appropriately

- 6. Which principle of clothing suggests that clothing should complement an individual's body shape and proportions?
- a) Harmony

b) Balance

d) Rhythm

c) Proportion

Answer: c) Proportion

- 7. The principle of unity in clothing design emphasizes:
- a) Diversity in styles

b) Consistency and coherence

c) Bold patterns

d) Frequent changes in clothing

Answer: b) Consistency and coherence

8. Which principle of clothing design relates to the visual movement in a garment?

a) Emphasis

b) Rhythm

c) Proportion d) Contrast

Answer: b) Rhythm

9. Clothing that achieves a pleasing overall effect demonstrates the principle of:

b) Contrast

d) Emphasis

a) Harmony

c) Unity

Answer: a) Harmony

- 10. The principle of balance in clothing design involves:
- a) Using identical elements on

b) Introducing asymmetry

both sides of the garment

for a modern look

of balance

- c) Avoiding any patterns
- d) Discarding the concept

or details

Answer: a) Using identical elements on both sides of the garment

11. What is the purpose of flat pattern drafting in clothing construction?

a) Creating three-dimensional

garments

c) Draping fabric on a mannequin

b) Designing clothing on a flat

surface before cutting and sewing

d) Only used in haute couture

Answer: b) Designing clothing on a flat surface before cutting and sewing

12. Draping in clothing construction involves:

a) Drawing patterns on paper

b) Creating garments directly

on a dress form or model

c) Using pre-made patterns d) Only using machines for

without alterations garment construction

Answer: b) Creating garments directly on a dress form or model

13. The purpose of draping is to:

a) Simplify the garment construction process

- b) Achieve a precise fit and design
- c) Eliminate the need for patterns
- d) Only create loose-fitting garments

Answer: b) Achieve a precise fit and design

- 14. In flat pattern drafting, what does a sloped represent?
- a) A finished garment
- b) A basic pattern without seam allowances
- c) A type of fabric

d) A decorative element

Answer: b) A basic pattern without seam allowances

- 15. What is an advantage of flat pattern drafting?
- a) It allows for more creativity in design
- b) It is a faster method of garment construction
- c) It is suitable only for simple designs
- d) It does not require precise measurements

Answer: a) It allows for more creativity in design

- 16. What is textile designing?
- a) Creating textiles using natural fibers only
- b) Developing patterns for garments
- c) Designing patterns and structures for fabrics
- d) Only creating solid-colored fabrics

Answer: c) Designing patterns and structures for fabrics

- 17. In textile designing, what is a repeat pattern?
- a) A pattern that does not repeat
- b) A pattern that repeats at regular intervals

- c) A pattern used only in garments
- d) A pattern used only in home decor

Answer: b) A pattern that repeats at regular intervals

18. The process of applying color to fabric or yarn is known as:

b) Dyeing

d) Knitting

- a) Weaving
- c) Spinning

Answer: b) Dyeing

- 19. What is the significance of texture in textile designing?
- a) Texture has no impact on textile design
- b) It adds visual and tactile interest to fabrics
- c) It is only important in home textiles
- d) Texture is irrelevant in fashion

Answer: b) It adds visual and tactile interest to fabrics

- 20. How does textile design contribute to the fashion industry?
- a) By limiting design possibilities
- b) By creating only basic fabrics
- c) By providing unique and creative fabrics for fashion

d) Textile design has no connection to fashion

Answer: c) By providing unique and creative fabrics for fashion

21. What role do cultural influences play in fashion designing?

a) Cultural influences have no impact on fashion

b) Cultural elements shape fashion trends and styles

c) Fashion is not influenced by culture

d) Cultural influences are only relevant in textiles

Answer: b) Cultural elements shape fashion trends and styles

22. How do technological advancements influence fashion designing?

a) Technology has no impact on fashion

b) Technology only affects the production process

c) Technology influences design, production, and communication in fashion

d) Technological advancements are only relevant in textiles

Answer: c) Technology influences design, production, and communication in fashion

23. Social media platforms are influential in fashion because they:

a) Limit the reach of fashion trends

- b) Have no impact on fashion communication
- c) Facilitate rapid and widespread dissemination of fashion trend
- d) Only showcase traditional fashion

Answer: c) Facilitate rapid and widespread dissemination of fashion trends

24. Environmental sustainability is becoming increasingly important in fashion due to:

a) Fashion being a disposable industry

- b) A lack of concern for the environment
- c) Consumer demand for eco-friendly fashion
- d) Environmental factors having no impact on fashion

Answer: c) Consumer demand for eco-friendly fashion

- 25. Economic factors can influence fashion by:
- a) Restricting fashion choices
- b) Encouraging innovation and luxury
- c) Making fashion accessible to everyone
- d) Economic factors have no impact on fashion

Answer: b) Encouraging innovation and luxury

- 26. What is the fashion cycle?
- a) The process of creating fabrics

b) The period during which a fashion trend is embraced and then declines

c) A cycle that does not apply to fashion

d) The lifecycle of a textile product

Answer: b) The period during which a fashion trend is embraced and then declines

- 27. What characterizes the introduction stage of the fashion cycle?
- a) Widespread adoption of the trend
- b) Decline in popularity
- c) The trend is exclusive to a select few
- d) The trend is considered outdated

Answer: c) The trend is exclusive to a select few

- 28. The decline stage of the fashion cycle is marked by:
- a) Initial introduction of the trend
- b) Widespread adoption and popularity
- c) The trend becoming outdated

d) The trend being embraced by the majority

Answer: c) The trend becoming outdated

29. What is a characteristic of the obsolescence stage in the fashion cycle?

a) The trend is at its peak popularity

b) The trend is considered timeless

c) The trend is completely rejected

d) The trend is in the decline stage

Answer: c) The trend is completely rejected

30). Broken fashion cycles may occur due to:

a) Consumer demand and designer influence

b) A lack of innovation in fashion

c) Trends being consistently cyclical

d) Economic stability

Answer: a) Consumer demand and designer influence

31. What is the innovation stage in the diffusion of innovation theory?

a) The stage when a fashion trend is first introduced to the market

b) The stage when the trend is embraced by the majority

- c) The stage when the trend is rejected by consumers
- d) The stage when the trend becomes outdated

Answer: a) The stage when a fashion trend is first introduced to the market

- 32. In the fashion adoption process, innovators are characterized by:
- a) Quickly adopting new trends b) Being resistant to change
- c) Following the majority (d) Rejecting all new trends

Answer: a) Quickly adopting new trends

- 33. What role do fashion merchandisers play in the industry?
- a) They have no role in the industry
- b) They create new fashion trends
- c) They plan, develop, and present fashion products for sale
- d) They only handle textiles

Answer: c) They plan, develop, and present fashion products for sale

- 34. The business aspect of fashion involves:
- a) Only the production of clothing
- b) Planning and executing marketing strategies

- c) Ignoring consumer preferences
- d) Fashion merchandisers having no involvement in business

Answer: b) Planning and executing marketing strategies

- 35. The role of a fashion buyer includes:
- a) Designing clothing patterns
- b) Selecting and purchasing products for a retail store
- c) Only dealing with textiles
- d) Creating fashion trends

Answer: b) Selecting and purchasing products for a retail store

36. What are the basic components require for knitting -----?

a) Yarn source and knitting elements

b) Fabric takes

c) Fabric collection

d) All

Answer: b) Fabric takes

37 ----- types of needles that have evolved during the centuries.

a) 4

b) 3

c) 5

Answer: d) 6

38. Name the knitting needle have been using in the mechanical knitting loom -----?

a) Bearded needle	b) Latch needle	
c) Compound needle	d) All	
Answer: b) Latch needle	S COLLEGE	
39. Which is the latest development needle?		
a) Latch needle	b) Compound needle	
c) Bearded needle	d) All	
Answer: b) Compound needle		
40. Which are non woven fabrics?	A EDGE	
a) Felts	b) Bonded	
c) Both a and b	d) None	
Answer: a) Felts	6666666	
41. Purl stitch is also known as		
a) Reverse stitch	b) Miss stitch	
c) Tuck stitch	d) Flat stitch	
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St. Joseph's college of Arts & Science for Women, Hosur Answer: b) Miss Stitch 42. Which is the most successful needle among the following? a) Bearded needle b) Latch needle c) Compound needle d) Both a and b Answer: c) Compound needle 43. Which is bonded fabrics? b) Film fabrics a) Fusible nonwoven c) Coated fabrics d) All Answer: c) Coated fabrics 44. Commonly used polymer is a) PVC b) PU c) Both a and b d) None Answer: c) Both a and b 45. The factors that affecting the durability of fabrics is -----b) Twist a) Strength c) Kind of weave d) All Answer: c) Kind of weave **DEPARTMENT OF NUTRITION & DIETETICS** 29

46. Creativity in the textile is also known as

a) Fiber

b) Clothing

c) Designing

d) Fabric

Answer: c) Designing

47. Colors which are exact opposite to each other on color wheel ate called

a) Monochromatic

b) Complementary

c) Hue

d) Analogous

Answer: b) Complementary

48. The French term Haute couture's means

a) High fashion

c) Showroom

b) Boutique

d) Wardrobe

Answer: a) High fashion

49. Typically, clothing is made of-----or textiles.

a) Fibers

c) Fabrics

d) Yarns

b) Clothing

Answer a) Fiber

50 means using the same element more than once throughout a design

a) Rhythm

b) Repetition

c) Harmony

d) Heterogeneous

Answer: b) Repetition

51 is a technical accomplishment that requires the knowledge and skills of basic sewing techniques.

a) Clothing

b) Drafting

c) Dapping

d) Garment construction

Answer: d) Garment construction

52. What does the origin of clothing primarily relate to?

a) Protection and adornment b) Religious practices

c) Cultural rituals () Social hierarchies

Answer: a) Protection and adornment

53. Which principle of clothing emphasizes the fit and proportion of garments?

a) Principle of unity b) Principle of harmony

c) Principle of balance d) Principle of emphasis

Answer: c) Principle of balance

- 54. What does clothing construction involve?
- a) Designing textiles
- b) Creating new fashion trends
- c) Making garments using patterns and techniques
- d) Marketing clothing products

Answer: c) Making garments using patterns and techniques

- 55. What is meant by drafting flat patterns in clothing construction?
- a) Creating a 3D garment from a flat design
- b) Cutting fabric in multiple layers
- c) Printing patterns on fabric
- d) Designing embroidery for garments

Answer: a) Creating a 3D garment from a flat design

- 56. What are factors influencing fashion designing?
- a) Geographical location only
- b) Socio-cultural, economic, technological, and environmental factors
- c) Personal preferences of designers
- d) Historical events only

Answer: b) Socio-cultural, economic, technological, and environmental factors

57. What does the fashion cycle refer to?

a) The life span of a clothing product in the market

b) A trend's movement from introduction to decline and resurgence

c) The seasonal changes in fashion preferences

d) The development of fashion schools and academies

Answer: b) A trend's movement from introduction to decline and resurgence

58. What are broken fashion cycles?

a) Trends that never gain popularity

b) Patterns in fashion that fluctuate irregularly

c) Sustainable fashion trends

d) Traditionally inspired fashion designs

Answer: b) Patterns in fashion that fluctuate irregularly

59. Which theory explains how fashion trends spread among different social classes?

a) Trickle-down theory b) Trickle-up theory

c) Trickle-across theory d) Trickle-around theory

Answer: a) Trickle-down theory

60. What does business and merchandising in fashion involve?

a) Only the production of clothing items

b) Only the design and creative aspects

c) Marketing, sales, and distribution of fashion products

d) Textile manufacturing processes

Answer: c) Marketing, sales, and distribution of fashion products

61. What is the primary focus of merchandising in the fashion industry?

a) Designing textiles

b) Creating new trends

c) Maximizing sales and profit through effective presentation and promotion

d) Fashion research and development

Answer: c) Maximizing sales and profit through effective presentation and promotion

62. Bending of yarn without breaking is
a) Cohesiveness
b) Flexibility
c) Both a and b
d) None
Answer: b) Flexibility

63. Propane is the basis of -----fiber?

- a) Poly propylene fiber b) Poly ethane
- c) Poly methane

d) Poly propylene

Answer: d) Poly propylene

- 64. Spinning quality is otherwise termed as
- a) Tenacity
- c) Cohesiveness

Answer: c) Cohesiveness

- 65. The name for rayon in Europe is
- a) Spandex

b) Viscose

b) Density

d) None

c) Silk

d) Polyester

Answer: b) Viscose

64. Bending of yarn without breaking is-----

a) Cohesiveness

c) Both a & b

d) None

b) Flexibility

Answer: b) Flexibility

65. Propane is the basic of ----- fiber.

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a) Poly propylene	b) Poly ethane	
c) Poly methane	d) Poly propylene	
Answer: d) Poly propylene		
66. Wool can absorb up to% of	f its weight in moisture.	
a) 10	b) 20	
c) 30 St. JOSEPH	d) 40) LLEGE	
Answer: c) 30	1200	
67. Azlon refers to		
a) Manmade proteins fiber	b) Manmade cellulosic fiber	
c) Both a & b	d) None	
Answer: a) Manmade proteins fiber		
68. This type of dying achieves a simple less expensive two color		
pattern is		
a) Cross dyeing	b) Stock dyeing	
c) Yarn dyeing	d) All	
Answer: a) Cross dyeing		
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69. A type of dry achieves a simple less expensive two color pattern is

a) Cross dyeing

b) Stock dyeing

c) Yarn dyeing

d) All

Answer: a) Cross dyeing

5 MARKS

- 1. Write a note on trickle down and trickle up theory?
- 2. What is origin of cloth?
- 3. Define rhythm?
- 4. Write a fashion cycle of obsolesces?

10 MARKS

- 1. Briefly explain a principle of designing clothing?
- 2. Explain the textile designing?
- 3. Explain the stages of fashion cycle?
- 4. Define clothing? And explain the origin of cloth?

<u>UNIT – III</u>

ONE MARK OUESTIONS

- 1. What is Home Management?
- a) Organizing household chores
- b) Efficiently managing resources in a household
- c) Interior decoration
- d) Budget planning for a family

Answer: b) Efficiently managing resources in a household

- 2. The primary focus of Home Management is on:
- a) Financial planning
- b) Social activities
- c) Efficient management of household resources
- d) Interior design

Answer: c) Efficient management of household resources

- 3. Which of the following is a characteristic of effective Home Management?
- a) Ignoring family needs b) Was
 - b) Wasteful use of resources
 - c) Cluttered living spaces
- d) Optimal utilization of resources

Answer: d) Optimal utilization of resources

- 4. Home Management involves:
- a) Only financial planning
- b) Managing household resources and activities
- c) Ignoring family well-being
- d) Focusing solely on interior decoration

Answer: b) Managing household resources and activities

- 5. Why is effective Home Management essential?
- a) To showcase wealth
- b) To create a cluttered environment
- c) To enhance the well-being of family members
- d) Only for aesthetic purposes

Answer: c) To enhance the well-being of family members

- 6. The importance of Home Management lies in:
- a) Accumulating wealth
- b) Organizing social events
- c) Enhancing the quality of family life

d) Ignoring family needs

Answer: c) Enhancing the quality of family life

- 7. Home Management contributes to:
- a) Chaos in the household
- b) Efficient use of resources and time
- c) Ignoring family relationships
- d) Neglecting financial planning

Answer: b) Efficient use of resources and time

- 8. The main objective of Home Management is:
- a) Acquiring luxury items
- b) Enhancing the well-being of family members
- c) Ignoring family needs
- d) Focusing only on aesthetics

Answer: b) Enhancing the well-being of family members

- 9. Ineffective Home Management may lead to:
- a) Optimal utilization of resources
- b) Wasteful use of time and energy

- c) Strengthened family bonds
- d) Only financial prosperity

Answer: b) Wasteful use of time and energy

- 10. The importance of Home Management extends to:
- a) Only the physical aspects of a home
- b) Holistic well-being of family members
- c) Ignoring social aspects
- d) Accumulating material possession

Answer: b) Holistic well-being of family members

- 11. What is a characteristic of effective management?
- a) Lack of planning b) Wast
 - b) Wasteful use of resources
- c) Goal-oriented actions (1990) d) Ignoring values and standards

Answer: c) Goal-oriented actions

- 12. In management, decision-making involves:
- a) Random choices
- b) Strategic choices based on goals and values
- c) Ignoring family preferences

d) Relying solely on intuition

Answer: b) Strategic choices based on goals and values

13. Effective management involves:

a) Disregarding goals and values

b) Reacting impulsively to situations

c) Systematic planning and decision-making

d) Ignoring family needs

Answer: c) Systematic planning and decision-making

14. What role do values play in management?

a) Values have no significance in management

b) Values guide decision-making and actions

c) Values are only relevant in financial planning

d) Values are subjective and can be ignored

Answer: b) Values guide decision-making and actions

15. Why are goals important in management?

a) Goals hinder progress

b) Goals provide direction and purpose

- c) Goals are irrelevant in family management
- d) Goals limit creativity

Answer: b) Goals provide direction and purpose

16. What role do values play in motivating effective Home Management?

a) Values have no impact on motivation

b) Values provide a foundation for motivation

- c) Motivation is only driven by financial goals
- d) Values are irrelevant in family life

Answer: b) Goals provide direction and purpose

- 17. Setting clear goals in Home Management helps in:
- a) Creating chaos
- b) Reducing motivation
- c) Providing direction and purpose
- d) Ignoring family needs

Answer: c) Providing direction and purpose

- 18. Standards in Home Management refer to:
- a) Ignoring quality control

- b) Optimal utilization of resources
- c) Lack of expectations
- d) Chaos in the household

Answer: b) Optimal utilization of resources

- 19. Why are standards important in Home Management?
- a) Standards limit creativity
- b) Standards provide a basis for evaluating performance
- c) Standards are irrelevant in family life
- d) Standards hinder effective management

Answer: b) Standards provide a basis for evaluating performance

- 20. The motivation factors of Home Management include:
- a) Values, goals, and standards b) Ignoring values and goals
- c) Only financial aspirations **d**) Disregarding standards

Answer: a) Values, goals, and standards

- 21. What is the first step in the Home Management process?
- a) Setting goals b) Planning
- c) Ignoring family preferences d) Financial budgeting

Answer: a) Setting goals

- 22. Planning in Home Management involves:
- a) Random decision-making
- b) Systematic organization of activities
- c) Ignoring values and goals
- d) Wasteful use of resources

Answer: b) Systematic organization of activities

- 23. The implementation phase in Home Management includes:
- a) Ignoring the planned activities
- b) Following through with the planned actions
- c) Disregarding family needs
- d) Optimal utilization of time

Answer: b) Following through with the planned actions

- 24. In the evaluation phase of Home Management, what is assessed?
- a) Only financial aspects
- b) The success of the planned activities
- c) Ignoring family well-being

d) Random decision-making

Answer: b) The success of the planned activities

25. The continuous improvement in Home Management is achieved through:

a) Ignoring feedback

b) Learning from experiences and making adjustments

c) Clinging to traditional practices

d) Only financial planning

Answer: b) Learning from experiences and making adjustments

26of the family will greatly influence the standard of living.

a) Composition

b) Attitude

c) Both a and b

d) None

Answer: a) Composition

27 .Which of the following comes under moderate work?

a) Washing clothes

b) Mopping

c) Grinding d) Ironing

Answer: d) Ironing

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28. How will a good manager balance the time?			
a) Work, rest, leisure			
b) Planning, thinking, implementation			
c) Thinking, planning, organizing			
d) None			
Answer: a) Work, rest, leisure			
29. Homemaker must be conscious about			
a) Menu planning	b) Keeping household clean		
c) Time plan	d) All		
Answer: d) All			
30. Time is a unique resource, because it is equally to all .			
a) Available	b) Fixed		
c) Unfixed	d) Both a &b		
Answer: d) Both a &b			
31. Making bed arrangements come underactivities.			
a) Weekly	b) Seasonal		
c) Daily	d) All		

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Answer: c) Daily				
32. Time planning involves in				
a) Types of activity	b) Differenrt stage of life cycle			
c) Peak loads and leisure	d) All			
Answer: d) All				
33. Life cycle is categories into	stage in home management.			
a) 5	b) 4			
c) 6	d)3			
Answer: a) 5				
34. Posture of the body is directly related to the way of				
a) Carrying body to involve in activities				
b) Diet maintaining				
c) Gyming				
d) All	0088			
Answer: d) All	A CLES			
35. According to WHO the energy expenditure for heavy work for men is about				
a) 175	b) 300			
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c) 400

d) 350

Answer: b) 300

- 36. The person who managers home resources are called
- a) Home manager (A) Home maker
- c) Home organizer

d) None of these

Answer: b) Home maker

37. Among the following which is not the importance of home management?

- a) It helps the family live a happy and satisfying life
- b) It develops unity and cooperation between family members
- c) The mother is the sole in charge of the household
- d) There will be less stress among family members

Answer: c) The mother is the sole in charge of the household

38. Identify which comes under home management category.

a) Organizing

c) Budgeting

d) All of the above

b) Cooking

Answer: c) Budgeting

39.Management is the vital factor in every family contributing to the overall health, happiness and well-being of the family

	a) Time	b) Finance	
	c) Home	d) Resource	
	Answer: c) Home		
40is the process of directing the action of a organization to realize the specified goals.			
	a) Action	b) Management	
	c) Resource	d) Planning	
Answer: b) Management			
41. Management always relates to			
	a) Family	b) Money	
	c) Time	d) Resource	
	Answer: d) Resource		
42. What is Home Management?			
	a) Managing household chores only		
	c) Managing external work-related tasks		
	d) None of the above		
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Answer: b) Organizing and managing household resources and activities

43. Which of the following is NOT a characteristic of effective Home Management?

a) Organization

b) Flexibility

d) Chaos

c) Communication

Answer: d) Chaos

- 44. Home Management primarily involves:
- a) Financial planning
- b) Resource allocation and utilization
- c) Only cleaning and organizing
- d) None of the above

Answer: b) Resource allocation and utilization

- 45. Why is Home Management important?
- a) It saves time and resources
- b) It ensures a harmonious household
- c) It helps in effective utilization of resources
- d) All of the above

Answer: d) All of the above

46. Which of the following is a benefit of effective Home Management?

- a) Increased stress b) Chaotic environment
- c) Improved quality of life \wedge d) None of the above

Answer: c) Improved quality of life

47. What role do values play in Home Management?

a) They have no impact on management

- b) They guide decision-making and behavior
- c) They complicate household dynamics
- d) None of the above

Answer: b) They guide decision-making and behavior

- 48. Goals in Home Management help in:
- a) Setting unrealistic expectations
- b) Providing direction and purpose
- c) Creating chaos
- d) None of the above

Answer: b) Providing direction and purpose

- 49. Standards in Home Management primarily refer to:
- a) Maintaining a messy environment
- b) Accepting subpar quality of life
- c) Establishing benchmarks for performance
- d) Ignoring household needs

Answer: c) Establishing benchmarks for performance

50. Which stage in the Home Management process involves identifying household needs and priorities?

a) Planning

b) Organizing

c) Controlling

d) None of the above

Answer: a) Planning

- 51. Which stage involves allocating resources to meet household needs?
- a) Controlling

b) Implementing

c) Organizing

d) None of the above

Answer: c) Organizing

52. Evaluating and adjusting household plans and activities falls under which stage of Home Management?

a) Controlling

b) Implementing

c) Planning

d) None of the above

Answer: a) Controlling

- 53. What is the primary purpose of the Home Management process?
- a) Maintaining disorder
- b) Achieving household goals efficiently
- c) Creating confusion
- d) None of the above

Answer: b) Achieving household goals efficiently

- 54. Which of the following best defines home management?
- a) Organizing household chores
- b) Maintaining a clean home
- c) Efficiently overseeing all aspects of a household
- d) Decorating the house

Answer: c) Efficiently overseeing all aspects of a household

- 55. Which factor is crucial for effective home management?
- a) Rigid schedules b) Flexibility and adaptability
- c) Outsourcing all household tasks d) Strict rules for family members

Answer: b) Flexibility and adaptability

- 56. What does the term "budgeting" refer to in home management?
- a) Spending lavishly on home decor
- b) Planning and allocating financial resources
- c) Saving money by cutting essential expenses
- d) Keeping a record of past expenses

Answer: b) Planning and allocating financial resources

- 57. Which aspect is NOT typically a part of home management?
- a) Financial planning
- b) Meal planning and preparation
- c) Exterior landscaping only
- d) Maintenance of household appliances

Answer: c) Exterior landscaping only

58. Which skill is essential for effective time management in home management?

- a) Procrastination
- b) Prioritization

c) Indecisiveness

d) Avoiding planning

Answer: b) Prioritization

5 MARKS

- 1. What are the characteristics of management?
- 2. Define evaluation and its types?
- 3. What is planning and its steps?
- 4. Write a short note on organizing?

<u>10 MARKS</u>

- 1. Define management and characteristics of management?
- 2. Briefly explain about motivation factors of management?
- 3. Explain about home management process?

UNIT - IV

ONE MARK OUESTIONS

1. What are the types of family resources?

a) Financial, emotional, and intellectual

b) Only financial

c) Intellectual and emotional

d) Physical and intellectual

Answer: a) Financial, emotional, and intellectual

2. Which is not a characteristic of family resources?

a) Limited availability

b) Exclusive to financial resources

c) Varied in nature

d) Vital for family well-being

Answer: b) Exclusive to financial resources

- 3. Why are family resources considered vital?
- a) They hinder family development
- b) They are exclusive to financial stability

- c) They contribute to family well-being and development
- d) They have limited importance in family life

Answer: c) They contribute to family well-being and development

d) Only physical resources

- 4. Intellectual resources in a family include:
- a) Only financial knowledge **b)** Emotional intelligence
- c) Physical strength

Answer: b) Emotional intelligence

- 5. What is a characteristic of emotional resources?
- a) Tangible in nature
- b) Limited importance
- c) Influencing family relationships and well-being
- d) Exclusive to financial stability

Answer: c) Influencing family relationships and well-being

- 6. What is family decision making?
- a) Only financial planning
- b) The process of making decisions collectively in a family
- c) Ignoring family preferences

d) Individual decision making

Answer: b) The process of making decisions collectively in a family

- 7. In autonomic decision making, who makes the decisions?
- a) Family members collectively (b) Only the head of the family
- c) Ignoring family preferences d) Individuals independently

Answer: d) Individuals independently

- 8. Joint decision making in a family involves:
- a) Ignoring the opinions of family members
- b) Only financial decisions
- c) Collective participation in decision making
- d) Autonomic decision making

Answer: c) Collective participation in decision making

- 9. What is syncretic decision making?
- a) Individual decision making
- b) Collective decision making by both partners
- c) Only financial planning
- d) Ignoring family preferences

Answer: b) Collective decision making by both partners

10. Family decision making is characterized by:

- a) Autocratic decision making b) Ignoring family preferences
- c) Varied decision-making styles Ad) Collective decision making

Answer: b) Collective decision making by both partners

11. What is the definition of housing?

a) Only the physical structure of a house

b) A place of residence providing shelter

c) Limited to interior design

d) Ignoring family needs

Answer: b) Collective decision making by both partners

12. The importance of housing lies in:

a) Ignoring family preferences

b) Only financial stability

c) Enhancing the quality of family life

d) Exclusive to physical structure

Answer: c) Enhancing the quality of family life

- 13. Functions of a house include:
- a) Only financial planning
- b) Providing shelter, security, and privacy
- c) Ignoring family well-being
- d) Varied interior design

Answer: b) providing shelter, security, and privacy

- 14. Principles of planning in housing involve:
- a) Ignoring space allocation
- b) Random organization of living spaces
- c) Optimal utilization of space
- d) Cluttered living spaces

Answer: c) Optimal utilization of space

15. Space allocation and organization in independent houses, apartments, and flats involve:

- a) Ignoring organization principles
- b) Varied interior design only
- c) Systematic planning based on family needs
- d) Limited to financial planning

Answer: c) Systematic planning based on family needs

16. What are symbols used in drafting plans?

a) Only financial symbols

b) Physical symbols only

c) Visual representations of objects and materials

d) Ignoring drafting principles

Answer: c) Visual representations of objects and materials

17. Reading plans and blueprints involves understanding:

a) Only financial aspects

b) Varied interior design elements

c) Symbols and dimensions d) Ignoring drafting symbols

Answer: c) Symbols and dimensions

18. Symbols in drafting plans help in:

a) Only financial planning **b**) Ignoring drafting principles

c) Communicating design elements d) Random organization of spaces

Answer: c) Communicating design elements

19. The use of symbols in drafting is important for:

a) Cluttered living spaces

- b) Varied interior design
- c) Efficient communication of design ideas
- d) Ignoring drafting principles

Answer: c) Efficient communication of design ideas

20. Blueprint reading involves interpreting:

a) Only financial symbols

b) Symbols and dimensions in design plans

c) Ignoring drafting principles

d) Varied interior design elements

Answer: b) Symbols and dimensions in design plans

21. Decision making is greatly influenced by ----

a) Goals

b) Value

c) Standards

d) all

Answer: a) Goals

22. Basically there are ----- kinds of decisions.

a) 2	b) 3
c) 4	d) 5

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Answer: c) 4				
23. An efficient home maker is also a				
a) A good decision maker	b) Good directors			
c) Good conveyor	d) All of these			
Answer: a) A good decision maker				
24. Real income means flow of				
a) Satisfaction	b) Money			
c) Goods	d) Goods and services			
Answer: b) Money	AND I WANTED			
25. The decision takes during natural calamities is kind of				
a) Conscious decision	b) Routine decision			
c) Perfect decision	d) Immediate decision			
Answer: d) Immediate decision				
26. Commodities and facilities which are available to the family without the use of money is				
a) Real income	b) Psychic income			
c) Family income	d) Real direct income			
Answer: c) Family income				
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St. Joseph's college of Arts & Science for Women, Hosur 27. Which of the following is large decision making? a) Personal decisions b) Collective decisions c) Routine decisions d) All of These Answer: d) All of These 28. Taking care of the children is an example of ----a) Collective decision b) Immediate decision c) Personal decision d) Routine decision Answer: d) Routine decision 29. Income of a family is influenced by -----a) Status of the family b) Size of the family c) Stage of the family d) Locality in which the family lives Answer: b) Size of the family 30. Money income can be increased by -----a) Living in own house b) Renting your own house c) Putting money in bank d) Borrow books from library. Answer: c) Putting money in bank 31. The resources are majorly divided into

- a) Two types
- c) Six types

b) Four types

d) Eight types

Answer: Two types

- 32. What is the primary step in decision making?
- a) Creating problem

b) Talking to friends

c) Talking to family

d) Identifying the problem

Answer: d) Identifying the problem

33. A technical design that shows how a end product will look like is called

- a) Design
- c) Blueprint

b) Planning

d) Architecture

Answer: c) Blueprint

34. Which one of the following is not an example for Human resource

a) Money

c) Attitude

d) Abilities and Skill

b) Knowledge

Answer: a) Money

35 ----- is the process by the decisions that directly or indirectly involve two or more family members at the same

a) Planning

b) Family decision making

b) Emotional resources

d) External resources

c) Individual decision making d) Peer group decision making

Answer: b) Family decision making

- 36. Which of the following is NOT a type of family resource?
- a) Financial resources
- c) Physical resources

Answer: d) External resources

- 37. Characteristics of family resources include:
- a) Finite nature
- b) Inability to be shared among family members
- c) Unchanging over time
- d) None of the above

Answer: a) Finite nature

- 38. Human resources within a family encompass:
- a) Only financial contributions
- b) Skills, knowledge, and abilities of family members
- c) Exclusively emotional support

d) None of the above

Answer: b) Skills, knowledge, and abilities of family members

- 39. What is family decision making?
- a) Individual decision-making process
- b) Group decision-making involving family members
- c) Decisions made by external parties
- d) None of the above

Answer: b) Group decision-making involving family members

- 40. Types of family decision making include:
- a) Autonomous, husband-dominant, and wife-dominant
- b) Only child-led decisions
- c) Dictatorial decisions by elders
- d) None of the above

Answer: a) Autonomous, husband-dominant, and wife-dominant

- 41. In autonomous decision making, decisions are primarily made by:
- a) The oldest family member b) The entire family collectively
- c) Each individual independently d) None of the above

Answer: c) Each individual independently

- 42. The importance of housing for a family includes:
- a) Merely shelter from the elements
- b) Providing a sense of security and belonging
- c) No impact on family dynamics
- d) None of the above

Answer: b) Providing a sense of security and belonging

- 43. Principles of planning in housing refer to:
- a) Random allocation of spaces
- b) Organized utilization of available space
- c) Overcrowding spaces for efficiency
- d) None of the above

Answer: b) Organized utilization of available space

- 44. What are the functions of a house?
- a) Solely providing shelter
- b) Offering a place for social gatherings
- c) Ignoring family needs

d) None of the above

Answer: b) Offering a place for social gatherings

- 45. Space allocation in apartments and flats often involves:
- a) Large, open spaces
- b) Maximizing limited space efficiently
- c) Wasting available space
- d) None of the above

Answer: b) Maximizing limited space efficiently

- 46. Independent houses generally offer:
- a) Less privacy compared to apartments
- b) Greater control over space allocation
- c) Limited freedom in organizing spaces
- d) None of the above

Answer: b) Greater control over space allocation

- 47. Symbols used in drafting plans help in:
- a) Adding confusion to the plan
- b) Simplifying communication of ideas

- c) Eliminating the need for detailed explanations
- d) None of the above

Answer: b) Simplifying communication of ideas

<u>5 MARKS</u>

- 1. What are the types of decision making?
- 2. What are the types of family and characteristics of family?
- 3. Write down the importance of house?
- 4 .Space allocation and organization in independent house?

<u> 10 MARKS</u>

- 1. What is family? Resource management and its types of family?
- 2. Define family decision making and types of decision making?
- 3. Define house? Importance of house and functions of house?
- 4. Principle of planning?
- 5. Space allocation and organization in independent house and apartment and flats?

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<u>UNIT - V</u>

ONE MARK OUESTIONS

- 1. What is the definition of Interior Design?
- a) Only furniture arrangement
- b) Enhancing the interior of a space for functionality and aesthetics
- c) Limited to color choices
- d) Ignoring design principles

Answer: b) Enhancing the interior of a space for functionality and aesthetics

- 2. Principles of Interior Design include:
- a) Only financial planning b) Varied color choices
- c) Cluttered arrangement d) Harmony, balance, and rhythm

Answer: d) Harmony, balance, and rhythm

- 3. What is an essential aspect of Interior Design?
- a) Ignoring design principles
- b) Only financial considerations
- c) Effective use of space and aesthetics
- d) Limited to furniture selection

Answer: c) Effective use of space and aesthetics

- 4. Classification in Interior Design involves:
- a) Ignoring design principles
- b) Varied furniture choices
- c) Systematic categorization of design elements
- d) Limited to color preference

Answer: c) Systematic categorization of design elements

- 5. Why is rhythm important in Interior Design?
- a) Cluttered arrangement
- b) Varied color choices
- c) Provides visual interest and flow
- d) Ignoring design principles

Answer: c) Provides visual interest and flow

- 6. Household equipment refers to:
- a) Only financial tools
- b) Tools used in households for various purposes
- c) Ignoring household needs

d) Varied furniture choices

Answer: b Tools used households for various purpose

- 7. Examples of household equipment include:
- a) Only financial tools
- b) Varied color choices
- c) Kitchen appliances, cleaning tools, etc.
- d) Ignoring household needs

Answer: c) Kitchen appliances, cleaning tools, etc.

- 8. The purpose of household equipment is:
- a) Only financial considerations
- b) Ignoring household needs
- c) Enhancing efficiency in household tasks
- d) Limited to furniture selection

Answer: c) Enhancing efficiency in household tasks

- 9. What is the significance of household equipment in Interior Design?
- a) Limited to furniture choices
- b) Ignoring design principles

- c) Enhances functionality and aesthetics
- d) Only financial considerations

Answer: c) Enhances functionality and aesthetics

- 10. Efficient household equipment contributes to:
- a) Cluttered arrangement
- b) Varied color choices
- c) Smooth functioning of household tasks
- d) Ignoring household needs

Answer: c) Smooth functioning of household tasks

- 11. What is the definition of colors in Interior Design?
- a) Only financial considerations
- b) Visual representation of design elements
- c) Limited to furniture selection
- d) Ignoring color choices

Answer: b) Visual representation of design elements

- 12. Classification of colors involves:
- a) Ignoring color choices

- b) Varied furniture choices
- c) Categorization into primary, secondary, and tertiary colors
- d) Only financial tools

Answer: c) Categorization into primary, secondary, and tertiary colors

13. Factors influencing the choice of colors include:

a) Only financial considerations

- b) Limited to furniture selection
- c) Cultural preferences, mood, and purpose
- d) Ignoring color choices

Answer: c) Cultural preferences, mood, and purpose

- 14. Why are warm colors often used in living spaces?
- a) Only financial tools **b**) Enhances energy and warmth
- c) Limited to furniture choices d) Ignoring design principles

Answer: b) Enhances energy and warmth

- 15. How do cool colors impact a space?
- a) Cluttered arrangement
- b) Creates a calm and soothing atmosphere

- c) Varied color choices
- d) Ignoring design principles

Answer: b) Creates a calm and soothing atmosphere

- 16. What is the definition of furniture in Interior Design?
- a) Only financial considerations
- b) Objects used for seating, storage, and decoration
- c) Limited to color preferences
- d) Ignoring design principles

Answer: b) Objects used for seating, storage, and decoration

- 17. Types of furniture include:
- a) Ignoring design principles b) Varied color choices
- c) Seating, storage, tables, etc. (1001) d) Limited to financial planning

Answer: c) Seating, storage, tables, etc.

- 18. What is the role of furniture in Interior Design?
- a) Limited to financial tools
- b) Enhances functionality and aesthetics
- c) Ignoring design principles

d) Varied color choices

Answer: b) Enhances functionality and aesthetics

- 19. What is the purpose of lighting in Interior Design?
- a) Ignoring color choices
- b) Only financial considerations
- c) Enhances visibility, mood, and ambience
- d) Limited to furniture selection

Answer: c) Enhances visibility, mood, and ambience

- 20. Types of lighting include:
- a) Cluttered arrangement
- b) Varied color choices
- c) Ambient, task, and accent lighting
- d) Ignoring household needs

Answer: c) Ambient, task, and accent lighting

- 21. Which of the following is an artificial source of light?
- a). Arc lamp

b) Incandescent lamp

c) Discharge lamp

d) All

Answer: d) All

22. Flood lighting is used for which of the following purposes?

a) For enhancing the beauty of building at nights

b) For illuminating sports stadium

c) For illuminating show cases

d) All

Answer: b) For illuminating sports stadium

23. Which is the suitable lamp for street lighting during night?

a) Mercury vapor lamp

b) Sodium discharge lamp

c) Both A and B

Answer: c) Both A and B

24. In lighting design what is the measure of colour temperature?

a) Kelvin

c) Illumination

Answer: a) Kelvin

25. What type of lighting is intended to high light pictures fixed in a wall?

a) Task lighting

b) General lighting

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b) Watts

d) Voltage

d) None

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c) Accent lighting	d) None	
Answer: c) Accent lighting		
26. Semi- indirect lighting scheme is used in which of the given area?		
a) High ceiling	b) Workshop	
c) Street light	d) All of these	
Answer: d) All of these Josephic ColleGE		
27. Who have developed the proportioning system of modular?		
a) Galileo Galilee	b) Le Corbusier	
c) Archimedes	d) Pythagoras	
Answer: b) Le Corbusier		
28. Art nouveau furniture used as graphical ornamentation		
a) Lines and curves	b) Square and rectangular	
c) Any geometrical shapes	d) None	
Answer: a) Lines and curves		
29. Colours makes the room feel either more		
a) Calm, Cheerful	b) Comfortable	
c) Stress full	d) None	

Answer: a) Calm, Cheerful

30. Which are the following are secondary colors?

a) Red, orange, yellow b) Orange, violet, green

c) Black ,grey, white Ad) Cyan, yellow, magenta

Answer: b) Orange, violet, green

31. Balance, Rhythm, Proportion and Scale are the terms that comes under

a) Principles of interior design b) Classification of interior design

c) Characteristics of interior design d) None of these

Answer: a) Principles of interior design

32. Which among the following are primary colours?

a) White, Red, Orange b) Red, Green, Yellow

c) Red,Green,Blue d) Red,Green,Black

Answer: c) Red, Green, Blue

33. How secondary colours are made?

a) Mix all the colours b) Mix black and white

c) Mix the primary colours d) All of the above

Answer: c) Mix the primary colours

34 ----- is referred as planning and design of man-made spaces, a part of environmental design and closely related to architecture

a) Budgeting

b) Drafting

b) Two

d) Four

c) Interior design

d) Organizing

Answer: b) Drafting

35. The Interior design is classified into-----

a) One

c) Three

Answer: d) Four

36 -----is the aspect of any object that may be described in terms of hue, lightness, and saturation

a) Light

b) Reflection

d) Thickness

c) Color

Answer: c) Color

37. What does Interior Design primarily involve?

a) Exterior architecture

b) Designing spaces within a structure

c) Landscaping

d) None of the above

Answer: b) Designing spaces within a structure

- 38. Principles of Interior Design include:
- a) Flexibility and chaos
- b) Balance, harmony, and proportion
- c) Disorganization and clutter
- d) None of the above

Answer: b) Balance, harmony, and proportion

- 39. Interior Design can be classified based on:
- a) Time of day

b) Purpose, style, and function

c) Geographical location d) None of the above

Answer: b) Purpose, style, and function

- 40. Household equipment refers to:
- a) Tools and machinery used in factories only
- b) Appliances and tools used in domestic settings
- c) Exclusively electronic gadgets
- d) None of the above

Answer: b) Appliances and tools used in domestic settings

41. Examples of household equipment include:

- a) Washing machines, refrigerators, and vacuum cleaners
- b) Construction tools
- c) Industrial machinery
- d) None of the above

Answer: a) Washing machines, refrigerators, and vacuum cleaners

42. How is color defined in Interior Design?

a) Solely as visual perception

- b) As a reflection of light
- c) Both visual perception and reflection of light
- d) None of the above

Answer: c) Both visual perception and reflection of light

- 43. Colors can be classified into primary, secondary, and:
- a) Tertiary colors

- b) Industrial colors
- c) Unimportant colors
- d) None of the above

Answer: a) Tertiary colors

- 44. Factors influencing the choice of colors in Interior Design include:
- a) Personal preferences only

- b) Cultural influences, psychological impacts, and lighting
- c) Architectural styles only
- d) None of the above

Answer: b) Cultural influences, psychological impacts, and lighting

<u>5 MARKS</u>

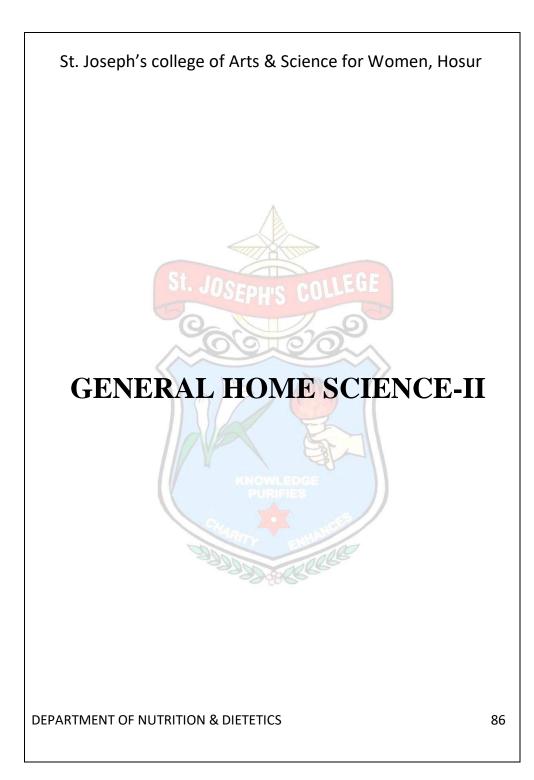
- 1. Define interior design and its principles?
- 2. Define colors and its classifications?
- 3. What are the factors influences are in choose of color?
- 4. Write a note of furniture lighting?

10 MARKS

1. Briefly explain the types of interiors designing?

2. Define colors and its classification and factors influences in choose of color?

- 3. Define interior design and its principle & types of interior?
- 4. What is lighting and its types?



GENERAL HOME SCIENCE-II

SYLLABUS

Unit I

Family: Meaning and Characteristics of Family, Types of Family, Family Life Cycle, Family Wants, Family Income, Family Expenditure and House Hold Accounts, Family Budgets, Economics, Consumer Protection – Definition, Importance, Law, Consumer Education and Advertisement.

Unit II

Child Development: Principles of Development, Stages of Growth and Development.

Life Span Development – Psychodynamic Theory – Psycho – Analytic Theory of Freud – Erick Ericksons, Psycho – Social Theory, Learning Theory, Social Learning Theory, Cognitive Developmental Theory, Kohlberg's Moral Reasoning Theory, Information : Processing Theory. Bronfen Brenners Theory, Life – Span and Life – Cycle Theory.

Unit III

Early Childhood Care and Education : Emerging Trends – Trends , Issues and Concern , Development Problems , Mental Sub normality – Mental Retardation – Learning Disabilities , Behavior Difficulties – Speech and Language Disorders – Hearing Impairment – Visual Impairment – Physical Handicap – Giftedness, Guidance and Counseling.

Unit IV

Child and Human Development : Early Childhood Care and Development – Principles of Development , Types of Change in Development.

Socialization in various Family Contexts Across Different Cultures – Process in Socialization, Social and Non- Social People, Difficulties in Conforming to Social Expectations, Foundations of Social Behavior laid by Babyhood , Behavior patterns in social situations during early childhood.

Women studies - Women's Equality, Violence against Women, Women Health, Women Empowerment, Women and Human Rights.

Unit V

Extension Education: Non Formal Education and Extension Education, History and Development of Home Science Extension, Concepts of Extension Education, Philosophy of Extension Education, Principles of Extension Education, Difference between Formal and Extension Education, Extension Education: A Developed discipline.

Curriculum Planning and Development : Objectives of non formal education ,Planning non formal education Programme, Management and Administration of formal/non formal and extension education, Monitoring , Supervision and evaluation formal, non formal and extension education, Major types of test, Qualities of a good test.

UNIT – I

ONE MARK OUESTIONS

- 1. What is the fundamental unit of society?
- a) Individual

b) Community

d) Nation

c) Family

Answer: c) Family

- 2. Which of the following defines a family?
- a) Individuals living together
- b) Coworkers in a company
- c) Individuals related by blood or marriage
- d) People of the same age group

Answer: c) Individuals related by blood or marriage

- 3. What is a primary characteristic of a family?
- a) Shared occupation
- b) Shared values and responsibilities
- c) Similar hobbies
- d) Similar education levels

St. Joseph's college of Arts & Science for Women, Hosur Answer: b) Shared values and responsibilities 4. A family comprising parents and their children is known as: a) Extended family b) Nuclear family c) Joint family d) Blended family Answer: b) Nuclear family 5. In a joint family, who shares common ancestry and property? b) Cousins a) Siblings c) Parents and children d) Multiple generations Answer: d) Multiple generations 6. Which stage of the family life cycle involves the birth of children? a) Launching b) Expansion c) Development d) Childbearing Answer: d) Childbearing 7. During which stage do families typically experience the "empty nest" phenomenon? a) Early adulthood b) Middle adulthood c) Late adulthood d) Adolescence Answer: b) Middle adulthood **DEPARTMENT OF NUTRITION & DIETETICS** 90

- 8. What are family desires or aspirations called in economics?
- a) Needs

b) Demands

c) Necessities

d) Obligations

b) Investments

d) Inheritance

Answer: b) Demands

- 9. Where does the primary income of a family come from?
- a) Employment
- c) Both A and B

Answer: c) Both A and B

- 10. What is the primary purpose of a family budget?
- a) To restrict spending

b) To track income and expenses

c) To increase debt

d) To discourage savings

Answer: b) To track income and expenses

11. Which category in a family budget includes funds set aside for emergencies?

a) Savings

b) Entertainment

c) Groceries d)

d) Rent/Mortgage

Answer: a) Savings

12. Economics is the study of:

a) Money

b) Scarcity and choice

c) History

d) Psychology

Answer: b) Scarcity and choice

- 13. What does the term "opportunity cost" mean in economics?
- a) The cost of goods and services
- b) The value of the next best alternative foregone
- c) The total cost of production
- d) The market price of a product

Answer: b) The value of the next best alternative foregone

- 14. Consumer protection laws are enacted to:
- a) Restrict consumer choices
- b) Promote fair competition among businesses
- c) Increase the cost of goods and services
- d) Favor producers over consumers

Answer: b) Promote fair competition among businesses

- 15. What is a key aspect of consumer protection?
- a) Ignoring product labels

b) Being aware of rights and responsibilities

c) Avoiding refunds d) Purchasing without research

Answer: b) Being aware of rights and responsibilities

16. Consumer education aims to:

a) Increase consumer spending

b) Inform consumers about their rights and responsibilities

c) Encourage impulsive buying

d) Promote excessive debt

Answer: b) Inform consumers about their rights and responsibilities

17. In advertising, what does the term "endorsement" mean?

a) A negative review

b) A celebrity recommendation

c) A product recall

d) A legal disclaimer

Answer: b) A celebrity recommendation

18. What is the primary characteristic of a family?

a) Shared residence b) Blood relations

c) Emotional bonds d) Common surname

Answer: c) Emotional bonds

19. Which of the following is NOT a type of family structure?

a) Nuclear family

b) Extended family

c) Blended family d) Corporate family

Answer: d) Corporate family

20. At which stage of the family life cycle do children typically leave home for higher education or work?

a) Launching stage

c) Childbearing stage

Answer: a) Launching stage

- 21. What is the term for the resources earned or received by a family?
- a) Family assets

b) Family revenue

b) Empty nest stage

d) Retirement stage

c) Family income

d) Family investment

Answer: c) Family income

21. Which stage in the family life cycle is characterized by increased expenses related to education and childcare?

a) Childbearing stage

b) Launching stage

c) Retirement stage

d) Empty nest stage

Answer: a) Childbearing stage

22. What is the purpose of a family budget?

a) To increase expenditure b) To track income only c) To plan and control expenses d) To maximize savings Answer: c) To plan and control expenses 23. Consumer protection laws are designed to primarily: a) Maximize company profits b) Safeguard consumer rights c) Limit consumer choices d) Encourage monopolies Answer: b) Safeguard consumer rights 24. Consumer education primarily aims to: a) Promote impulse buying b) Increase brand loyalty c) Enhance consumer knowledge and awareness d) Encourage overspending Answer: c) Enhance consumer knowledge and awareness 25. What is the significance of consumer protection in a market economy? a) It creates unfair advantages for businesses b) It ensures fair and ethical business practices c) It promotes monopolies **DEPARTMENT OF NUTRITION & DIETETICS**

d) It limits consumer choices

Answer: b) It ensures fair and ethical business practices

26. Consumer education helps consumers to

- a) Make informed decisions (Ab) Ignore product details
- c) Rely on brand names only d) Disregard product reviews

Answer: a) Make informed decisions

27. What is the primary goal of advertising?

a) To deceive consumers

b) To manipulate emotions

c) To inform and persuade consumers

d) To limit consumer choices

Answer: c) To inform and persuade consumers

28. Which of the following is an example of misleading advertising?

- a) Clearly stated product benefits
- b) Accurate pricing information
- c) False claims about product effectiveness
- d) Honest testimonials

Answer: c) False claims about product effectiveness

29. What defines the core essence of a family unit?

- a) Shared workplace b) Emotional bonds and support
- c) Geographical proximity (A) Similar cultural backgrounds

Answer: b) Emotional bonds and support

30. Which type of family structure consists of three or more generations living together?

a) Nuclear family

b) Extended family

c) Blended family

d) Single-parent family

Answer: B) Extended family

31. During which stage of the family life cycle does a family typically experience increased financial demands due to children's education and career aspirations?

a) Childbearing stage

b) Launching stage

c) Retirement stage

d) Empty nest stage

Answer: B) Launching stage

32. What constitutes the primary source of a family's financial resources?

a) Family assets

b) Family investments

c) Family income d) Family savings

Answer: c) Family income

33. Which term refers to the total amount of money spent by a family over a specific period?

a) Family earnings

b) Family savings

c) Family expenditure

d) Family assets

Answer: c) Family expenditure

34. What is the primary objective of creating a family budget?

a) Maximize expenses

b) Control income flow

c) Plan and manage expenses

d) Restrict financial freedom

Answer: c) Plan and manage expenses

35. In economics, what does "demand" refer to?

a) The quantity of a good or service that consumers are willing and able to buy at a given price

b) The amount of money consumers have

c) The quantity of goods available in the market

d) The price of a product or service

Answer: a) The quantity of a good or service that consumers are willing and able to buy at a given price

<u>5 MARKS</u>

1. Discuss the significance of emotional bonds in defining a family?

2. Explain the distinct characteristics of a nuclear family and an extended family?

3. Describe the various stages of the family life cycle?

4. Discuss the importance of understanding family wants and needs in managing family finances?

5. How can a family effectively prioritize its wants and needs when budgeting?

10 MARKS

1. Explain the concept of household accounts in managing family expenditure?

2. Elaborate on the significance of having a family budget?

3. Discuss the importance of consumer education in empowering individuals in the marketplace?

4. How does consumer education contribute to informed decisionmaking and responsible consumption?

5. Explain the impact of advertising on consumer behavior and choices?

<u>UNIT – II</u>

ONE MARK OUESTIONS

1. What is the term used to describe the lifelong process of physical, behavioral, cognitive, and emotional growth and change?

a) Adolescence

b) Maturation

c) Development

d) Evolution

Answer: C) Development

2. Which principle of development emphasizes that development is continuous and cumulative?

a) Discontinuity

b) Continuity

d) Instability

c) Stability

Answer: B) Continuity

3. During which stage of development do children typically begin to walk and talk?

a) Infancy

b) Early Childhood

c) Middle Childhood

d) Adolescence

Answer :B) Early Childhood

4. At what age does adolescence generally begin?

a) 8-10 years

b) 11-14 years

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c) 15-18 years d) 19-21 years

Answer: B) 11-14 years

5. Who developed the Psychoanalytic Theory that emphasizes the role of unconscious conflicts in shaping behavior?

a) Erik Erikson

b) Jean Piaget

c) Sigmund Freud

d) Lawrence Kohlberg

Answer: C) Sigmund Freud

6. According to Freud, which component of the personality operates based on the pleasure principle?

a) Ego

b) Superego

d) Ego Ideal

c) Id

Answer: C) Id

7. Which stage in Erikson's theory corresponds to the challenge of "Identity vs. Role Confusion"?

a) Autonomy vs. Shame and Doubt

b) Initiative vs. Guilt

c) Identity vs. Role Confusion

d) Intimacy vs. Isolation

Answer C) Identity vs. Role Confusion

8. Who proposed the Learning Theory that focuses on the role of reinforcement and punishment in shaping behavior?

a) Albert Bandura

b) B.F. Skinner

c) Jean Piaget

d) Lev Vygotsky

Answer: B) B.F. Skinner

9. Which theorist is associated with the Social Learning Theory, emphasizing the importance of observation and imitation in learning?

a) Jean Piaget

b) Erik Erikson

c) Lev Vygotsky

d) Albert Bandura

Answer: D) Albert Bandura

10. In Social Learning Theory, what is the process through which individuals learn by observing the behavior of others?

a) Conditioning

b) Scaffolding

c) Modeling

d) Zone of Proximal Development

Answer: C) Modeling

11. In Piaget's theory, what is the term for the process of adjusting existing mental frameworks to accommodate new information?

a) Assimilation b) Accommo	dation
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c) Scaffolding d) Internalization

Answer: B) Accommodation

12. In Kohlberg's theory, which level of moral development is characterized by a focus on avoiding punishment and seeking rewards?

a) Preconvention

b) Conventional

c) Post conventional

d) Sub conventional

Answer: A) Preconvention

13. What is the highest level of moral reasoning in Kohlberg's theory, where individuals follow internalized ethical principles?

a) Preconvention

b) Conventional

c) Post conventional

d) Sub conventional

Answer: C) Post conventional

14. What does the Information Processing Theory focus on in understanding cognitive development?

a) Emotional intelligence

b) Memory and problem-solving

c) Social interactions

d) Moral reasoning

Answer: B) Memory and problem-solving

15. In Information Processing Theory, what is the term for the process of organizing information into meaningful units?

a) Encoding

b) Storage

c) Retrieval

d) Chunking

Answer: D) Chunking

16. Which ecological system is closest to the individual in Bronfenbrenner's Ecological Systems Theory?

a) Microsystems

b) Mesosystem

c) Exosystem

d) Macrosystem

Answer: A) Microsystem

20. According to Bronfenbrenner, what is the outermost layer of the ecological systems that influences development indirectly?

a) Microsystem

b) Mesosystem

c) Exosystem

d) Macrosystem

Answer: D) Macrosystem

21. Which principle emphasizes that development is influenced by both genetics and the environment?

a) Maturation principle

b) Nature vs. Nurture principle

c) Continuity principle

d) Stability vs. Change principle

Answer: B) Nature vs. Nurture principle

22. According to the principle of continuity, development is:

a) Characterized by abrupt changes

- b) A continuous process
- c) Irregular and unpredictable
- d) Influenced solely by genetics

Answer: B) A continuous process

- 23. In Piaget's theory, the sensor motor stage focuses on:
- a) Developing moral reasoning
- b) The use of language
- c) Object permanence and sensory experiences
- d) Concrete problem-solving abilities

Answer: C) Object permanence and sensory experiences

24. Which stage in Erikson's psychosocial theory occurs during adolescence and involves the conflict of identity vs. role confusion?

- a) Industry vs. Inferiority b) Autonomy vs. Shame and Doubt
- c) Identity vs. Role Confusion d) Integrity vs. Despair

Answer: C) Identity vs. Role Confusion

25. Who proposed the psychodynamic theory that emphasizes the role of unconscious conflicts in development?

a) Albert Bandura

b) Sigmund Freud

c) Jean Piaget

d) Erik Erikson

Answer: B) Sigmund Freud

5 MARKS

- 1. Write short notes on principles of child development?
- 2. Explain stages of Growth and Development?
- 3. Explain learning theories:
- 4. Write the cognitive developmental theories?

<u>10 MARKS</u>

- 1. Elaborate on Kohlberg's Moral Reasoning Theory?
- 2. Briefly explain Bronfenbrenner's Ecological Systems Theory?
- 3. Explain Life-Span and Life-Cycle Theory?
- 4. Briefly explain Integration of Developmental Theories?
- 5. Discuss about Application of Developmental Theories?

UNIT-III

ONE MARK OUESTIONS

1. What is a key emerging trend in Early Childhood Care and Education (ECCE)?

a) Isolation of children

b) Technology integration

c) Limited outdoor activities d) Traditional teaching methods

Answer: b) Technology integration

- 2. Which issue is a concern in modern ECCE programs?
- a) Excessive physical activity

b) Lack of diversity

c) Inadequate technology use d) Limited parental involvement

Answer: d) Limited parental involvement

3. What term is commonly used to describe intellectual disabilities in children?

a) Learning Disorders

b) Giftedness

c) Mental Sub normality

d) Speech Disorders

Answer: c) Mental Sub normality

4. Which developmental problem is characterized by difficulties in learning and academic achievement?

St. Joseph's college of Arts & Science for Women, Hosur a) Mental Retardation b) Learning Disabilities c) Giftedness d) Behavior Difficulties **Answer: B) Learning Disabilities** 5. What is another term for Mental Retardation? b) Intellectual Impairment a) Cognitive Delay c) Learning Difficulties d) Emotional Disturbance **Answer: B) Intellectual Impairment** 6. In the context of Mental Retardation, what does IQ stand for? a) Intelligence Quotient b) Internal Quality c) Inherited Qualities d) Intellectual Quotient **Answer: A) Intelligence Quotient** 7. What characterizes Learning Disabilities in children? a) Above-average academic performance b) Difficulty in learning and using specific academic skills c) Lack of interest in education d) High levels of creativity Answer: B) Difficulty in learning and using specific academic skills **DEPARTMENT OF NUTRITION & DIETETICS**

- 8. Which area is commonly affected by Learning Disabilities?
- a) Physical coordination b) Social skills
- c) Language and reading d) Emotional intelligence

Answer: c) Language and reading

- 9. Behavior difficulties in early childhood may manifest as
- a) Age-appropriate behavior b) Excessive shyness
- c) Developmental milestones d) Disruptive conduct

Answer: d) Disruptive conduct

10. Which intervention is effective for managing behavior difficulties in young children?

a) Ignoring the behavior

b) Punishment and strict discipline

- c) Positive reinforcement and guidance
- d) Isolation and exclusion

Answer: c) Positive reinforcement and guidance

11. Which term refers to a difficulty in producing sounds and forming words?

a) Aphasia

b) Dyslexia

St. Joseph's college of Arts & Science for Women, Hosur		
c) Articulation disorder	d) Stuttering	
Answer: c) Articulation disorder		
12. A child with a language disorder may have challenges in		
a) Pronunciation	b) Memory	
c) Creativity	d) Physical coordination	
Answer: b) Memory	COLLEGE	
13. Hearing impairment refers to difficulties in		
a) Visual perception	b) Auditory perception	
c) Motor coordination	d) Speech production	
Answer: b) Auditory perception		
14. What is a common assistive device for children with hearing impairments?		
a) Hearing aids	b) Glasses	
c) Crutches	d) Braille books	
Answer: a) Hearing aids	BEREES.	
15. Visual impairment in children can include:		
a) Color blindness	b) Night blindness	
c) Blindness and low vision	d) Light sensitivity	
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Answer: c) Blindness and low vision

16. What is a common accommodation for children with visual impairments in educational settings?

a) Audio recordings b) Bright lighting

c) Color-coded materials d) Visual charts

Answer: a) Audio recordings

17. Physical handicaps may include challenges related to:

a) Emotional regulation b) Motor function and mobility

c) Social intelligence

d) Memory retention

Answer: B) Motor function and mobility

18. What is crucial in promoting inclusion for children with physical handicaps?

a) Isolation

b) Providing limited resources

c) Adaptation and accessibility d) Ig

d) Ignoring individual needs

Answer: c) Adaptation and accessibility

19. Gifted children typically demonstrate:

- a) Below-average intelligence b) Advanced cognitive abilities
- c) Slow developmental progress
- d) Limited creativity

Answer: b) Advanced cognitive abilities

- 20. How can educators support gifted children in the classroom?
- a) Providing standard curriculum
- b) Encouraging competition among students
- c) Offering advanced and challenging tasks
- d) Limiting access to additional resources

Answer: c) Offering advanced and challenging tasks

21. What is the goal of guidance and counseling in early childhood education?

- a) Punishing misbehavior
- b) Shaping conformity
- c) Fostering positive development and well-being
- d) Isolating children with difficulties

Answer: c) Fostering positive development and well-being

22. Which is an essential skill for a counselor working with young children?

a) Authoritarianism

- b) Empathy and active listening
- c) Ignoring emotional needs
- d) Strict rule enforcement

Answer: b) Empathy and active listening

23. Which of the following is considered an emerging trend in Early Childhood Care and Education?

a) Traditional teaching methods

b) Technology integration in learning

c) Rote memorization

d) Strict disciplinary approaches

Answer: b) Technology integration in learning

- 24. What defines an emerging trend in Early Childhood Education?
- a) Long-standing practices
- b) Current innovative approaches
- c) Historical teaching methodologies
- d) Established curriculum guidelines

Answer: b) Current innovative approaches

- 25. Developmental problems in early childhood refer to:
- a) Age-appropriate milestones
- b) Challenges in socialization only
- c) Delays or difficulties in growth areas
- d) Learning advanced skills before peers

Answer: c) Delays or difficulties in growth areas

<u>5 MARKS</u>

1. Discuss three emerging trends in Early Childhood Education and how they impact modern teaching methodologies?

2. How can educators address these concerns effectively in the learning environment?

3. Explain the difference between developmental delays and developmental disabilities in early childhood?

4. Discuss the importance of early identification and intervention in addressing developmental problems in young children?

5. How can parents and educators collaborate to support a child with developmental challenge

<u>10 MARKS</u>

1. Define mental retardation and learning disabilities?

2. Compare and contrast mental retardation and learning disabilities, emphasizing their impact on cognitive development and educational attainment?

3. Describe three common behavior difficulties exhibited by children in early childhood education settings?

UNIT-IV

ONE MARK OUESTIONS

1. Which of the following principles of development suggests that development occurs in an orderly and predictable manner?

- a) Continuity
- c) Sequential

b) Discontinuity

d) Randomness

Answer: a) Continuity

2. What type of change in development refers to a smooth, continuous process over time?

a) Quantitative change

b) Qualitative change

c) Incremental change

d) Sudden change

Answer: a) Quantitative change

3. When a child learns to ride a bicycle, it represents which type of change in development?

a) Cognitive change

b) Physical change

c) Emotional change

d) Social change

Answer: b) Physical change

4. What are the foundational elements of social behavior primarily established during babyhood?

- a) Language development b) Motor skills
- c) Emotional regulation d) Social attachments

Answer: d) Social attachments

5. Which term describes individuals who are comfortable in social situations and enjoy interacting with others?

- a) Socialites
- c) Extroverts

Answer: c) Extroverts

6. What challenges might children face when conforming to social expectations?

A) Peer pressure

b) Cultural differences

c) Personal preferences

d) All of the above

b) Social people

d) Conformists

Answer: d) All of the above

7. Which area focuses on advocating for equal rights, opportunities, and access for women?

a) Women's empowerment

b) Women's health

c) Women's equality d) Women's rights

Answer: c) Women's equality

8. What encompasses actions taken to prevent discrimination and violence against women?

a) Women's health initiatives

b) Women's empowerment programs

c) Women's rights movements

d) Anti-violence measures

Answer: d) Anti-violence measures

9. Which factor is essential for women's empowerment?

a) Financial independence b) Social isolation

c) Dependency d) Lack of education

Answer: a) Financial independence

10. Which principle of development emphasizes that development proceeds from simple to complex?

a) Proximodistal (Company) Cephalocaudal

c) Hierarchical integration

d) Simple to complex

Answer: d) Simple to complex

11. Which type of change in development is characterized by qualitative shifts in understanding or capabilities?

a) Continuous change b) Discontinuous change

c) Incremental change

d) Linear change

Answer: b) Discontinuous change

- 12. Socialization refers to:
- a) Isolation from social interactions
- b) Learning and adapting to social norms
- c) Genetic influences on behavior
- d) Unpredictable behavior patterns

Answer: b) Learning and adapting to social norms

13. Behavior patterns in social situations during early childhood are primarily influenced by:

a) Biological factors

b) Cultural experiences

c) Inherited traits

d) Educational background

Answer: b) Cultural experiences

- 14. Women's equality advocates for:
- a) Superiority over men
- b) Equal opportunities and rights for women
- c) Segregation of genders
- d) Suppression of women's voices

Answer: b) Equal opportunities and rights for women

15. Which factor contributes significantly to women's empowerment?

a) Limited access to education b) Economic independence

c) Dependency on societal norms d) Lack of healthcare facilities

Answer: b) Economic independence

<u>5 MARKS</u>

1. Explain the principle of "hierarchical integration" in child development?

2. Discuss the concept of "discontinuous change" in child development?

3. Describe the role of family contexts in socialization across various cultures?

<u>10 MARKS</u>

1. Explore behavior patterns in social situations during early childhood?

2. Evaluate the significance of education in promoting women's empowerment and gender equality?

3. Explain how education can act as a catalyst for social change and women's advancement?

UNIT-V

ONE MARK OUESTIONS

1. Which term refers to education outside the formal schooling system aimed at meeting the learning needs of various target groups?

a) Formal education

b) Extension education

c) Informal education

d) Specialized education

Answer: b) Extension education

- 2. What is the key philosophy underlying extension education?
- a) Educating the elite
- b) Meeting diverse learning needs
- c) Formal instruction only

d) Curriculum-based learning

Answer: b) Meeting diverse learning needs

3. Which aspect distinguishes formal education from extension education?

- a) Accredited curriculum
- b) Learning in a classroom
- c) Time-bound programs

d) Flexibility in learning methods and locations

Answer: d) Flexibility in learning methods and locations

4. What constitutes the primary focus in planning non-formal education programs?

- a) Standardized curriculum b) Flexibility and relevance
- c) Duration of the program d) Teacher qualifications

Answer: b) Flexibility and relevance

5. Which term describes the process of overseeing, guiding, and controlling the implementation of educational programs?

- a) Monitoring
- c) Evaluation

Answer: b) Supervision

- 6. What are the key qualities of a good test?
- a) High difficulty level

b) Ambiguous questions

b) Supervision

d) Administration

c) Reliable and valid

d) Lengthy assessment

Answer: c) Reliable and valid

7. When did the formal development of home science extension education start?

a) Late 19th century

b) Early 20th century

c) Mid-20th century

d) Ancient time

Answer: b) Early 20th century

8. Which publication marked a significant contribution to the field of Home Science Extension?

- a) "Family Resource Management and Interior Decoration"
- b) "Understanding Extension Education"
- c) "Home Management: Contexts and Concepts"
- d)"Extension Education"

Answer: c)"Home Management: Contexts and Concepts"

9. Extension education primarily emerged as a response to:

a) Technological advancements b) Agricultural challenges

c) Political upheavals (O) d) Economic recessions

Answer: b) Agricultural challenges

10. Which era marked the formal development of Extension Education?

a) Industrial Revolution

b) Agricultural Revolution

c) Renaissance Period d

d) Colonial Era

Answer: b) Agricultural Revolution

11. The philosophy of Extension Education emphasizes:

- a) Formal teaching methods
- b) Voluntary participation and community development
- c) Centralized control over education

d) Specialized training programs

Answer: b) Voluntary participation and community development

12. Which principle of Extension Education focuses on meeting the needs of the target audience?

a) Universality

b) Relevance

c) Centralization

d) Isolation

Answer: b) Relevance

13. How does Extension Education differ from Formal Education?

a) Formal education follows structured curricula, while Extension is more flexible.

b) Extension education has certified degrees, unlike Formal Education.

c) Formal education caters only to adults, while Extension is for children.

d) Extension education lacks qualified instructors compared to Formal Education.

Answer: a) Formal education follows structured curricula, while Extension is more flexible.

14. Extension Education is considered a developed discipline because it:

a) Has a long history of practice

- b) Offers similar courses as Formal Education
- c) Emphasizes community engagement and development
- d) Is strictly focused on rural areas

Answer: c) Emphasizes community engagement and development <u>5 MARKS</u>

- 1. Define the core concepts of Extension Education?
- 2. Elaborate on the philosophy of Extension Education?

3. Explain the fundamental differences between Formal and Extension Education?

10 MARKS

- 1. Describe the process of planning a non-formal education program?
- 2. Analyze the role of management and administration in coordinating formal, non-formal, and extension education programs?
- 3. Evaluate the significance of monitoring, supervision, and evaluation in the context of formal, non-formal, and extension education?
- 4. Explain the major types of tests used in educational assessment?
- 5. Discuss the essential qualities of a good test?

ABOUT THE AUTHOR



Mrs.R.Prailin was born in 1986 in Kanayakumari District. She is currently working as an Assistant Professor in the Department of nutrition and Dietetics, St. Joseph's College of Arts and Science for Women, Hosur. She has completed M.Sc. (N&D) in Manonmanium Sundaranar University and M.Phil in Vinayaga Mission university. She has a experience of 5 years. She has published papers in National and International conference. Her areas of interest include Food Science, Nutrition in life cycle and Principles of Human Nutrition.

